

# Cardiovascular Health Summit Advances in Interventional Cardiology 2007

Brian Ó Murchú MD

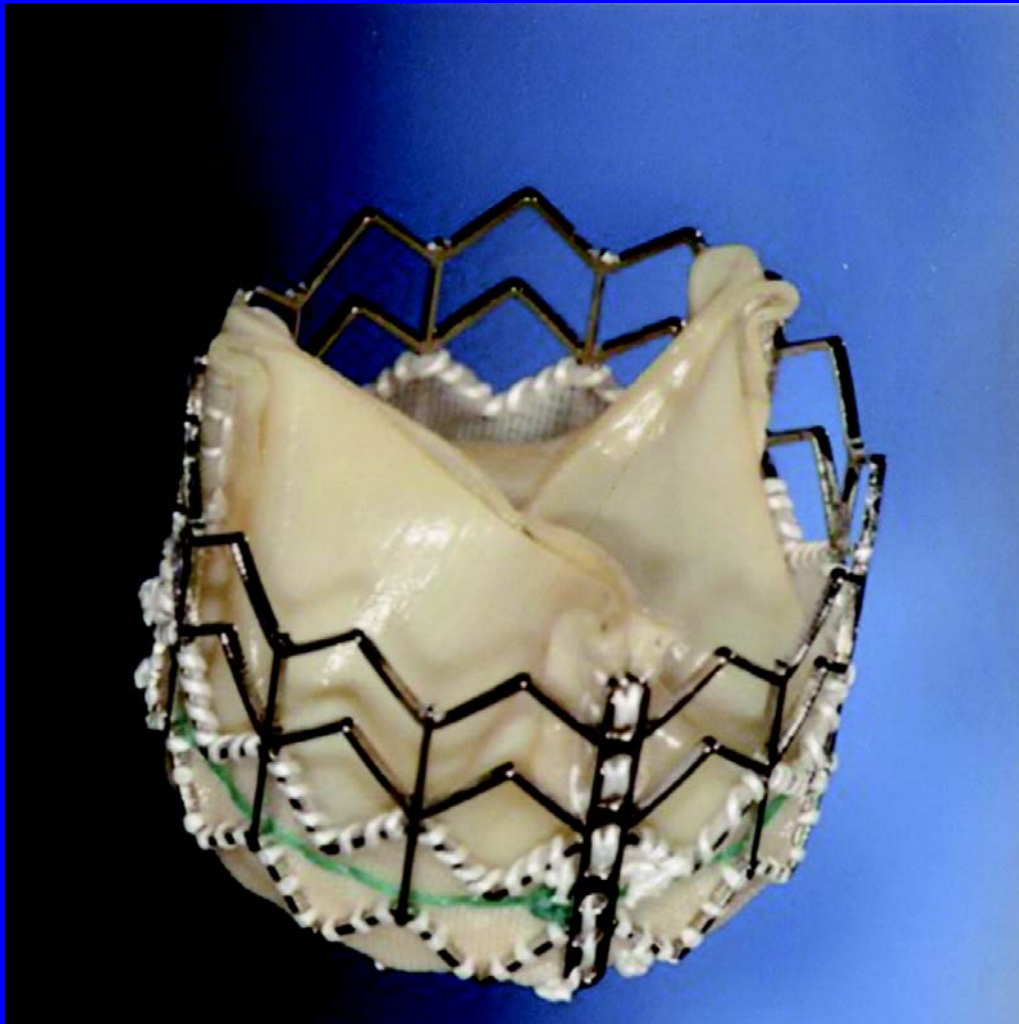
Assistant Professor of Medicine

Director, Structural Heart Disease

Intervention Program

Temple University Hospital

# Cribier-Edwards percutaneous valve



# Watchman Left Atrial Exclusion Device



# Drug-Eluting Stent Thrombosis

- Andreas Gruentzig: PTCA 1977
- 15 years of acute closure and restenosis
- Stents (bare metal stainless steel): Benestent and Stress Trials: mid 90s
- New problems:
  - Stent thrombosis:    -optimal deployment  
                              -dual antiplatelet therapy
  - In stent restenosis:  Drug-Eluting Stents (DES)  
                              available in the early 2000s: The Holy Grail

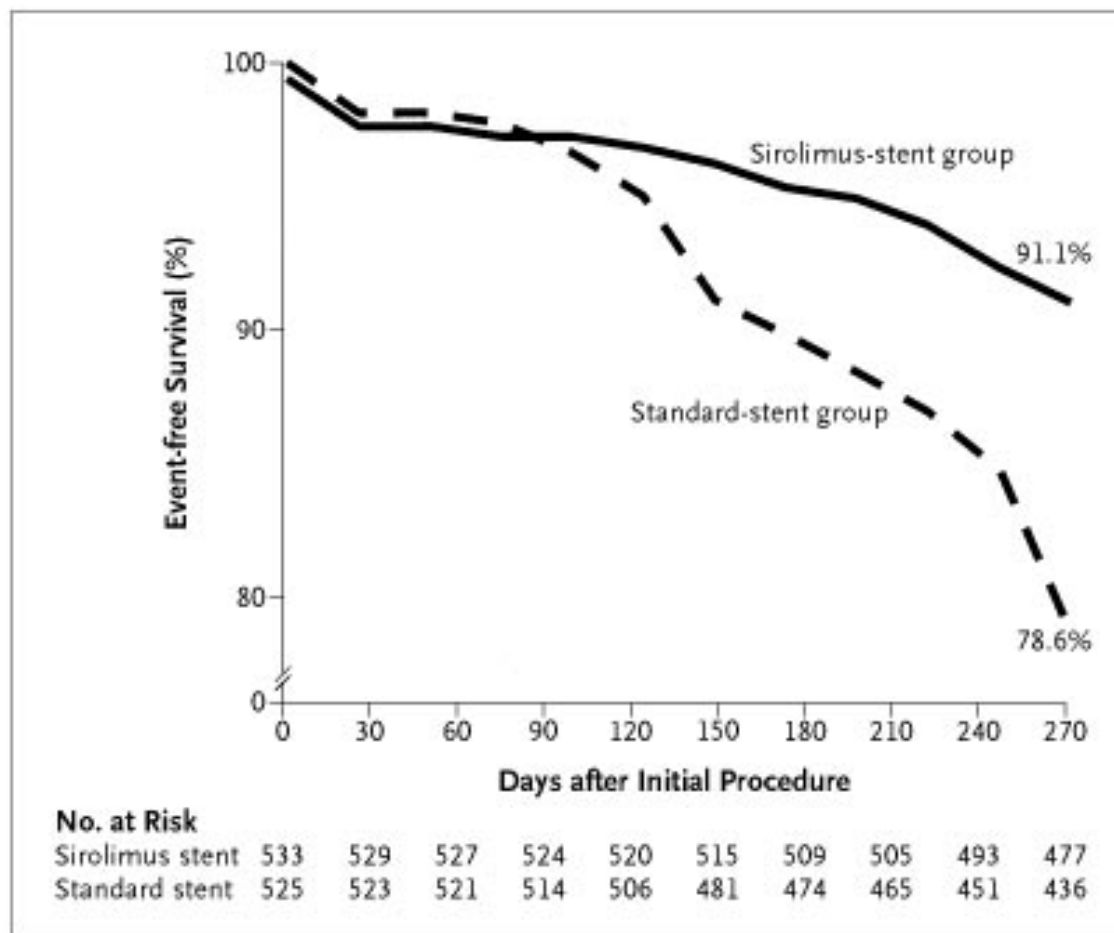
# Drug-Eluting Stent Thrombosis

- Drug-Eluting Stent (DES) early 2000s:
  - Stainless steel stents
  - Active Drug (sirolimus or paclitaxel)
  - Drug embedded in a non-bioerodable polymer
- Sirolimus-eluting stent (SES): Cypher  
Cordis, Johnson and Johnson
- Paclitaxel-eluting stent (PES): TAXUS  
Boston Scientific
- Denovo lesions, native coronary arteries, stable or unstable angina, lesion lengths 28-30mm

# Sirolimus: SIRIUS Investigators

## Survival Free from Target-Vessel Failure

### SES vs BMS



# Sirolimus: SIRIUS Investigators: 9 month Outcome for SES vs BMS

**Table 3. Major Adverse Cardiac Events in the Hospital and outside of the Hospital during 270 Days of Follow-up.\***

| Variable                        | Sirolimus-Stent Group<br>(N=533) | Standard-Stent Group<br>(N=525) | P Value |
|---------------------------------|----------------------------------|---------------------------------|---------|
| <i>no. of patients (%)</i>      |                                  |                                 |         |
| <b>In-hospital events</b>       |                                  |                                 |         |
| Death                           | 1 (0.2)                          | 0                               |         |
| Myocardial infarction           | 12 (2.3)                         | 8 (1.5)                         |         |
| Q-wave                          | 2 (0.4)                          | 0                               |         |
| Non-Q-wave                      | 10 (1.9)                         | 8 (1.5)                         |         |
| Target-lesion revascularization | 1 (0.2)                          | 0                               |         |
| CABG                            | 0                                | 0                               |         |
| PTCA                            | 1 (0.2)                          | 0                               |         |
| Any major adverse cardiac event | 13 (2.4)                         | 8 (1.5)                         |         |
| <b>Out-of-hospital events</b>   |                                  |                                 |         |
| Death                           | 4 (0.8)                          | 3 (0.6)                         |         |
| Myocardial infarction           | 3 (0.6)                          | 9 (1.7)                         |         |
| Q-wave                          | 2 (0.4)                          | 2 (0.4)                         |         |
| Non-Q-wave                      | 1 (0.2)                          | 7 (1.3)                         | 0.04    |
| Target-lesion revascularization | 21 (3.9)                         | 87 (16.6)                       | <0.001  |
| CABG                            | 3 (0.6)                          | 8 (1.5)                         |         |
| PTCA                            | 19 (3.6)                         | 83 (15.8)                       | <0.001  |
| Any major adverse cardiac event | 26 (4.9)                         | 93 (17.7)                       | <0.001  |
| <b>Cumulative to 270 days</b>   |                                  |                                 |         |
| Death                           | 5 (0.9)                          | 3 (0.6)                         |         |
| Myocardial infarction           | 15 (2.8)                         | 17 (3.2)                        |         |
| Q-wave                          | 4 (0.8)                          | 2 (0.4)                         |         |
| Non-Q-wave                      | 11 (2.1)                         | 15 (2.9)                        |         |
| Target-lesion revascularization | 22 (4.1)                         | 87 (16.6)                       | <0.001  |
| CABG                            | 3 (0.6)                          | 8 (1.5)                         |         |
| PTCA                            | 20 (3.8)                         | 83 (15.8)                       | <0.001  |
| Any major adverse cardiac event | 38 (7.1)                         | 99 (18.9)                       | <0.001  |
| Target-vessel failure           | 46 (8.6)                         | 110 (21.0)                      | <0.001  |
| Stent thrombosis                | 2 (0.4)                          | 4 (0.8)                         |         |

Primary Endpoint →

# Paclitaxel: TAXUS IV

## Clinical Outcomes at Nine Months

**Table 3. Clinical Outcomes at Nine Months.**

| Outcome                            | Paclitaxel-Eluting Stent<br>(N=662) | Bare-Metal Stent<br>(N=652) | Relative Risk (95% CI)* | P Value |
|------------------------------------|-------------------------------------|-----------------------------|-------------------------|---------|
|                                    | <i>percent</i>                      |                             |                         |         |
| Death from cardiac causes          | 1.4                                 | 1.1                         | 1.27 (0.47–3.38)        | 0.80    |
| Myocardial infarction              | 3.5                                 | 3.7                         | 0.94 (0.54–1.66)        | 0.88    |
| Q-wave                             | 0.8                                 | 0.3                         | 2.46 (0.48–12.60)       | 0.45    |
| Non-Q-wave                         | 2.7                                 | 3.4                         | 0.81 (0.44–1.49)        | 0.52    |
| Stent thrombosis                   | 0.6                                 | 0.8                         | 0.79 (0.21–2.92)        | 0.75    |
| In hospital                        | 0                                   | 0.3                         | —                       | 0.25    |
| Up to 1 mo after discharge         | 0.3                                 | 0.3                         | 0.98 (0.14–6.97)        | 1.00    |
| >1–6 mo                            | 0.3                                 | 0.2                         | 1.97 (0.68–5.73)        | 1.00    |
| >6–9 mo                            | 0                                   | 0                           | —                       | —       |
| Target-lesion revascularization    | 3.0                                 | 11.3                        | 0.27 (0.16–0.43)        | <0.001  |
| Percutaneous coronary intervention | 2.4                                 | 8.7                         | 0.28 (0.16–0.48)        | <0.001  |
| Coronary-artery bypass grafting    | 0.6                                 | 3.1                         | 0.20 (0.07–0.57)        | <0.001  |
| Target-vessel revascularization†   | 4.7                                 | 12.0                        | 0.39 (0.26–0.59)        | <0.001  |
| Percutaneous coronary intervention | 3.6                                 | 9.0                         | 0.40 (0.25–0.64)        | <0.001  |
| Coronary-artery bypass grafting    | 1.1                                 | 3.4                         | 0.31 (0.13–0.33)        | 0.005   |
| Within 1 mo                        | 0                                   | 0.3                         | —                       | 0.25    |
| >1–9 mo                            | 4.7                                 | 11.7                        | 0.40 (0.27–0.60)        | <0.001  |
| Major adverse cardiac events‡      | 8.5                                 | 15.0                        | 0.56 (0.41–0.77)        | <0.001  |
| Within 1 mo                        | 2.9                                 | 2.5                         | 1.17 (0.61–2.25)        | 0.73    |
| >1–9 mo                            | 5.7                                 | 12.7                        | 0.45 (0.31–0.65)        | <0.001  |
| Target-vessel failure§             | 7.6                                 | 14.4                        | 0.52 (0.38–0.73)        | <0.001  |
| Within 1 mo                        | 2.6                                 | 2.5                         | 1.05 (0.53–2.05)        | 1.00    |
| >1–9 mo                            | 5.1                                 | 12.1                        | 0.42 (0.29–0.62)        | <0.001  |

\* CI denotes confidence interval.

† Patients undergoing both percutaneous coronary intervention and coronary-artery bypass grafting during follow-up are counted as having a single target-vessel revascularization event.

‡ Major adverse cardiac events were death from cardiac causes, myocardial infarction, or ischemia-driven target-vessel revascularization.

§ Target-vessel failure was defined by death, myocardial infarction, or ischemia-driven revascularization related to the target vessel.

Primary Endpoint →

# Drug-Eluting Stent

- Reduction of instent restenosis rates by 75% into the single digits at 9 and 12 months
- FDA approval with increasing off label use
- Dual antiplatelet therapy with Aspirin and Clopidogrel for at least 3 months for SES and at least 6 months for PES (instructions for use)
- “New medicines and new methods of cure always work miracles.....for a while”  
(William Heberden, MD)

from Keriakes et al JAMA 2007;297:209-211

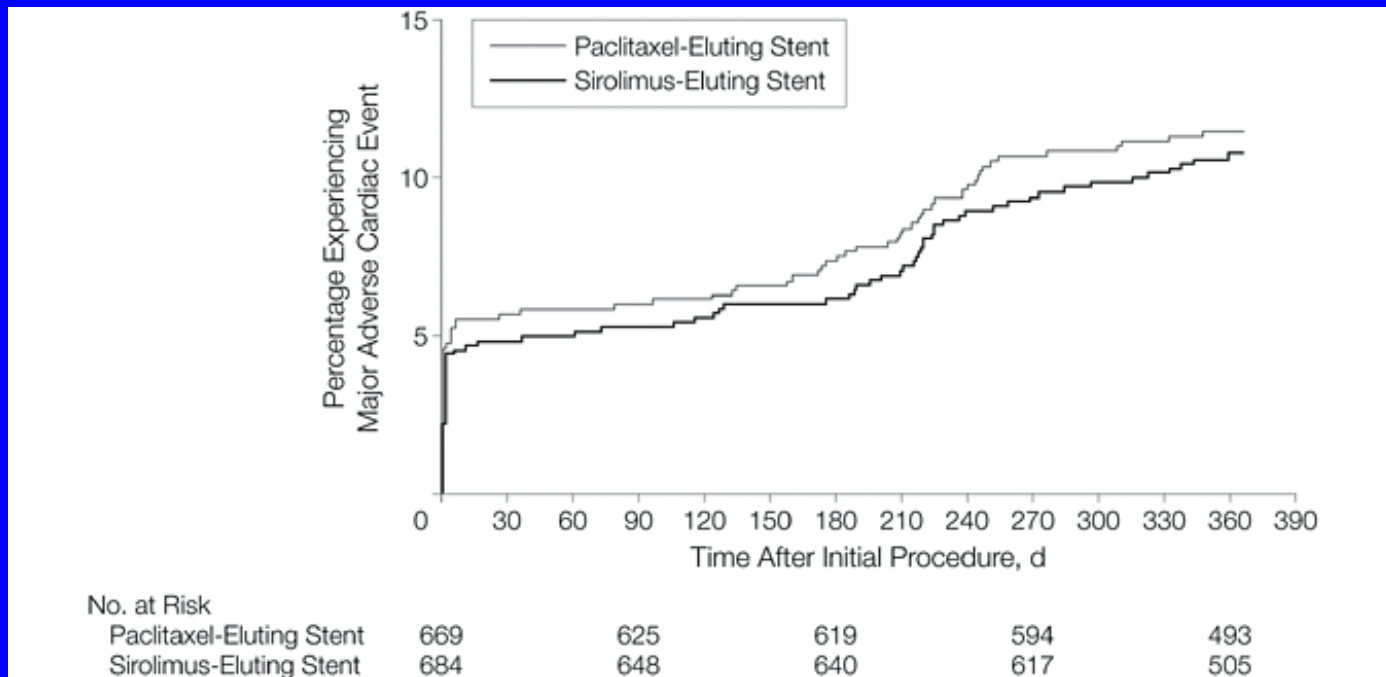


# Head-to-Head Comparison of SES vs PES: 1,386 patients

**Table 5.** Major Adverse Clinical Events During 12 Months of Follow-up\*

|                                     | No. (%) of Patients                     |  | Relative Risk<br>(95% Confidence<br>Interval) | P<br>Value |
|-------------------------------------|---|--|---|------------|
|                                     | Sirolimus-Eluting<br>Stent<br>(n = 684) | Paclitaxel-Eluting<br>Stent<br>(n = 669) |   |            |
| Major adverse cardiac events†       |   |  |   |            |
| Death                               | 16 (2.3)                                | 9 (1.3)                                  | 1.74 (0.77-3.91)                              | .23        |
| Cardiac                             | 10 (1.5)                                | 7 (1.0)                                  | 1.40 (0.54-3.65)                              | .63        |
| Noncardiac                          | 6 (0.9)                                 | 2 (0.3)                                  | 2.93 (0.59-14.49)                             | .29        |
| Myocardial infarction               | 35 (5.1)                                | 40 (6.0)                                 | 0.86 (0.55-1.33)                              | .55        |
| Q-wave                              | 1 (0.1)                                 | 8 (1.2)                                  | 0.12 (0.02-0.97)                              | .02        |
| Non-Q-wave                          | 34 (5.0)                                | 32 (4.8)                                 | 1.04 (0.65-1.66)                              | .90        |
| Target lesion revascularization     | 41 (6.0)                                | 41 (6.1)                                 | 0.98 (0.64-1.49)                              | >.99       |
| Surgical                            | 4 (0.6)                                 | 6 (0.9)                                  | 0.65 (0.18-2.30)                              | .54        |
| Percutaneous                        | 37 (5.4)                                | 38 (5.7)                                 | 0.95 (0.61-1.48)                              | .91        |
| Overall                             | 73 (10.7)                               | 76 (11.4)                                | 0.94 (0.69-1.27)                              | .73        |
| Other adverse clinical events       |   |  |   |            |
| Target vessel<br>revascularization‡ | 14 (2.0)                                | 12 (1.8)                                 | 1.14 (0.53-2.45)                              | .84        |
| Surgical                            | 4 (0.6)                                 | 2 (0.3)                                  | 1.96 (0.36-10.64)                             | .69        |
| Percutaneous                        | 10 (1.5)                                | 10 (1.5)                                 | 0.98 (0.41-2.33)                              | >.99       |
| Target vessel failure               | 82 (12.0)                               | 86 (12.9)                                | 0.93 (0.70-1.24)                              | .68        |
| Stent thrombosis                    | 5 (0.7)                                 | 13 (1.9)                                 | 0.37 (0.13-0.49)                              | .06        |
| Acute                               | 2 (0.3)                                 | 4 (0.6)                                  | 0.49 (0.09-2.66)                              | .45        |
| Subacute                            | 3 (0.4)                                 | 7 (1.0)                                  | 0.42 (0.11-1.61)                              | .22        |
| Late                                | 0                                       | 2 (0.3)                                  | ...   | .15        |
| Cerebrovascular accident            | 4 (0.6)                                 | 6 (0.9)                                  | 0.65 (0.18-2.30)                              | .54        |
| Hemorrhage                          | 35 (5.1)                                | 39 (5.8)                                 | 0.88 (0.56-1.37)                              | .63        |
| Major                               | 9 (1.3)                                 | 14 (2.1)                                 | 0.63 (0.27-1.44)                              | .30        |
| Minor                               | 27 (3.9)                                | 26 (3.9)                                 | 1.02 (0.60-1.72)                              | >.99       |
| Major vascular complications        | 15 (2.2)                                | 20 (3.0)                                 | 0.73 (0.38-1.42)                              | .39        |

# 12-Month Incidence of Major Adverse Cardiac Events



**11.4%**  
**10.7%**

# So what happened?



# Drug-Eluting Stent Thrombosis

- 2003-2004: Occasional case reports of late stent thrombosis after DES began to emerge
- First big bang: March 2006 ACC Atlanta
- Presentation of the BASKET-LATE Investigators
- 988 CONSECUTIVE (non-selected) patients randomized 2:1 DES:BMS
- 746 patients alive without MACE 6 months after coronary stenting; CLOPIDOGREL stopped:
  - BMS Vision stent, Guidant Corp: 281
  - SES: 264
  - PES: 281
- Clopidogrel stopped at 6 months and then followed for another 12 months

# BASKET-LATE: Late Catch up

- **Overall** (0-18 month) rates of death and MI were the same: BMS 7.5% vs DES 8.4%  $p=0.63$
- **First 6 months** Death and MI: BMS 12.1% vs DES 7.2%  $p=0.02$
- **AFTER DISCONTINUATION of CLOPIDOGREL (months 7-18)**
  - Death: BMS 0% vs DES 1.2%
  - MI: BMS 1.3% vs DES 4.1%
  - Death and MI: BMS 1.3% vs DES 4.9% ( $p=0.03$ )
  - All 6 deaths in the DES group
  - 20/23 MI in the DES group
- Hypothesis generating, to say the least

# Meta analyses presented: ESC

- European Society of Cardiology meeting Barcelona September 2006

Death/Q wave MI 2.6% TAXUS vs 2.3% BMS ( $p=0.66$ )

Death/Q wave MI 6.3% Cypher vs 3.9% BMS ( $p=0.03$ )

Camenzind and Nordmann et al

- Industry data: Cordis/Johnson and Johnson and Boston Scientific
- FDA: Initial Statement on Coronary Drug Eluting Stents, September 14<sup>th</sup> 2006
- FDA: Special Expert Advisory Committee, December 7<sup>th</sup> and 8<sup>th</sup> 2006
- New England Journal of Medicine: March 8<sup>th</sup> 2007

# Clinical Outcomes at 4 Years

**Table 3. Clinical Outcomes at 4 Years, According to Kaplan–Meier Estimates.\***

| Outcome  | Sirolimus-Eluting Stent (N=878) | Bare-Metal Stent (N=870) | Hazard Ratio (95% CI) <sup>†</sup> | P Value <sup>‡</sup> | Paclitaxel-Eluting Stent (N=1755) | Bare-Metal Stent (N=1758) | Hazard Ratio (95% CI) <sup>†</sup> | P Value <sup>‡</sup> |
|--|---------------------------------|--------------------------|------------------------------------|----------------------|-----------------------------------|---------------------------|------------------------------------|----------------------|
|  | no. (%)                         | no. (%)                  |                                    |                      | no. (%)                           | no. (%)                   |                                    |                      |
| Stent thrombosis                                   |                                 |                          |                                    |                      |                                   |                           |                                    |                      |
| Patients with any event                            | 10 (1.2)                        | 5 (0.6)                  | 2.00 (0.68–5.85)                   | 0.20                 | 20 (1.3) <sup>§</sup>             | 14 (0.9)                  | 1.44 (0.73–2.84)                   | 0.30                 |
| 0 to 30 days after procedure                       | 4 (0.5)                         | 1 (0.1)                  | 3.98 (0.45–35.62)                  | 0.23                 | 8 (0.5)                           | 10 (0.6)                  | 0.80 (0.32–2.03)                   | 0.79                 |
| >30 days to 4 yr after procedure                   | 6 (0.7)                         | 4 (0.5)                  | 1.50 (0.42–5.30)                   | 0.57                 | 12 (0.8)                          | 4 (0.3)                   | 3.03 (0.98–9.38)                   | 0.04                 |
| >30 days to 1 yr after procedure                   | 1 (0.1)                         | 4 (0.5)                  | 0.25 (0.03–2.22)                   | 0.18                 | 4 (0.2)                           | 2 (0.1)                   | 2.01 (0.37–10.97)                  | 0.28                 |
| >1 to 4 yr after procedure                         | 5 (0.6)                         | 0                        | NA                                 | 0.025                | 9 (0.7)                           | 2 (0.2)                   | 4.54 (0.98–21.03)                  | 0.028                |
| Death  |                                 |                          |                                    |                      |                                   |                           |                                    |                      |
| From all causes                                    | 57 (6.7)                        | 45 (5.3)                 | 1.27 (0.86–1.88)                   | 0.23                 | 86 (6.1)                          | 92 (6.6)                  | 0.94 (0.70–1.26)                   | 0.68                 |
| 0 to 30 days after procedure                       | 1 (0.1)                         | 1 (0.1)                  | 0.99 (0.06–15.86)                  | 1.00                 | 2 (0.1)                           | 5 (0.3)                   | 0.40 (0.08–2.07)                   | 0.43                 |
| >30 days to 4 yr after procedure                   | 56 (6.6)                        | 44 (5.2)                 | 1.27 (0.86–1.89)                   | 0.23                 | 84 (6.0)                          | 87 (6.3)                  | 0.97 (0.72–1.31)                   | 0.85                 |
| >30 days to 1 yr after procedure                   | 10 (1.1)                        | 6 (0.7)                  | 1.66 (0.60–4.56)                   | 0.32                 | 26 (1.5)                          | 26 (1.5)                  | 1.00 (0.58–1.73)                   | 0.99                 |
| >1 to 4 yr after procedure                         | 46 (5.5)                        | 38 (4.6)                 | 1.21 (0.79–1.87)                   | 0.37                 | 58 (4.6)                          | 61 (4.9)                  | 0.96 (0.67–1.37)                   | 0.81                 |
| From cardiac causes                                | 29 (3.5)                        | 23 (2.7)                 | 1.26 (0.73–2.18)                   | 0.40                 | 36 (2.4)                          | 42 (3.0)                  | 0.86 (0.55–1.35)                   | 0.51                 |
| From noncardiac causes                             | 28 (3.3)                        | 22 (2.7)                 | 1.27 (0.73–2.23)                   | 0.40                 | 50 (3.8)                          | 50 (3.7)                  | 1.01 (0.68–1.49)                   | 0.98                 |
| Myocardial infarction                              |                                 |                          |                                    |                      |                                   |                           |                                    |                      |
| Patients with any event                            | 55 (6.4)                        | 53 (6.2)                 | 1.03 (0.71–1.51)                   | 0.86                 | 111 (7.0)                         | 105 (6.3)                 | 1.06 (0.81–1.39)                   | 0.66                 |
| 0 to 30 days after procedure                       | 22 (2.5)                        | 17 (2.0)                 | 1.29 (0.68–2.42)                   | 0.43                 | 66 (3.8)                          | 55 (3.1)                  | 1.20 (0.84–1.72)                   | 0.31                 |
| >30 days to 4 yr after procedure                   | 34 (4.1)                        | 37 (4.4)                 | 0.91 (0.57–1.45)                   | 0.69                 | 49 (3.6)                          | 54 (3.5)                  | 0.91 (0.62–1.34)                   | 0.62                 |
| >30 days to 1 yr after procedure                   | 11 (1.3)                        | 19 (2.2)                 | 0.57 (0.27–1.20)                   | 0.13                 | 14 (0.8)                          | 31 (1.8)                  | 0.45 (0.24–0.85)                   | 0.01                 |
| >1 to 4 yr after procedure                         | 23 (2.8)                        | 18 (2.2)                 | 1.28 (0.69–2.37)                   | 0.43                 | 36 (2.8)                          | 25 (1.8)                  | 1.45 (0.87–2.42)                   | 0.15                 |
| Q-wave   | 18 (2.1)                        | 11 (1.3)                 | 1.64 (0.77–3.47)                   | 0.19                 | 22 (1.4)                          | 17 (1.1)                  | 1.30 (0.69–2.45)                   | 0.42                 |
| Non-Q-wave   | 38 (4.5)                        | 43 (5.0)                 | 0.88 (0.57–1.36)                   | 0.55                 | 91 (5.8)                          | 90 (5.3)                  | 1.02 (0.76–1.36)                   | 0.92                 |
| Death or myocardial infarction                     | 100 (11.6)                      | 89 (10.4)                | 1.12 (0.84–1.49)                   | 0.44                 | 187 (12.4)                        | 183 (11.8)                | 1.03 (0.84–1.26)                   | 0.79                 |
| Death or Q-wave myocardial infarction              | 70 (8.2)                        | 54 (6.4)                 | 1.30 (0.91–1.86)                   | 0.14                 | 105 (7.3)                         | 107 (7.5)                 | 0.99 (0.76–1.29)                   | 0.93                 |
| Myocardial infarction or death from cardiac causes | 75 (8.8)                        | 70 (8.2)                 | 1.07 (0.77–1.48)                   | 0.69                 | 139 (8.9)                         | 136 (8.5)                 | 1.03 (0.81–1.30)                   | 0.82                 |
| Revascularization                                  |                                 |                          |                                    |                      |                                   |                           |                                    |                      |
| Target lesion                                      | 66 (7.8)                        | 202 (23.6)               | 0.29 (0.22–0.39)                   | <0.001               | 166 (10.1)                        | 338 (20.0)                | 0.46 (0.38–0.55)                   | <0.001               |
| Target vessel                                      | 102 (12.1)                      | 235 (27.5)               | 0.38 (0.30–0.48)                   | <0.001               | 272 (17.2)                        | 409 (24.7)                | 0.62 (0.53–0.73)                   | <0.001               |

\* Percentages are cumulative Kaplan–Meier estimates, taking into account data from patients who were lost to follow-up at different times, and may thus differ from simple binary percentages. Only the first event was counted within any interval. CI denotes confidence interval.

† The estimate was calculated from a Cox proportional-hazards model.

‡ P values were calculated by a two-sided log-rank test or exact log-rank test.

§ One patient had two episodes of stent thrombosis, one before 1 year and one after 1 year.



# Pooled Analysis of Trials of the Sirolimus-Eluting Stent: Outcomes over 4 years

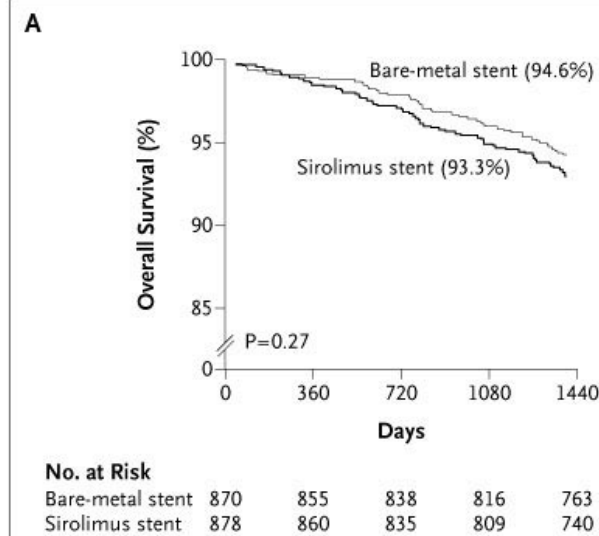
- RAVEL
- SIRIUS
- E-SIRIUS
- C-SIRIUS
- Patient level data for a total of 1748 patients



# Clinical Outcome

## SES (n=878) vs BMS (n=870)

Death

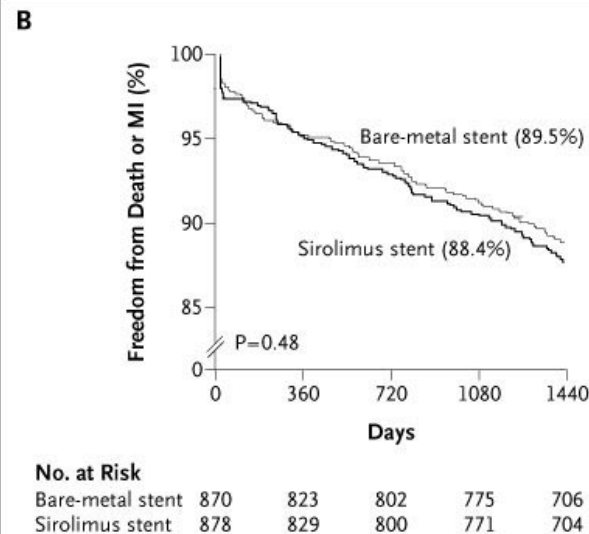


5.4%

p=0.28

6.7%

Death/MI



10.5%

p=0.48

11.6%

# DES vs BMS

- First Point:
  - No mortality difference
  - No MI difference
- Second Point: At least that can be demonstrated with the numbers studied and the duration of follow up

# Next Point: Stent Thrombosis

## First, what's the definition?

### Study Protocol

- Timing:
  - Acute: within 24 hours
  - Subacute: Day 1-30
  - Late: after more than 30 days

# Definition of Stent Thrombosis: Study Protocol

- Definition:
  - Acute and Subacute:
    - Vessel occlusion on angiography
    - Recurrent MI in the territory of the stented vessel
    - Death from cardiac causes
  - Late:
    - Recurrent MI with vessel occlusion on angiography
- Secondary thrombosis is excluded

# Protocol Stent Thrombosis: Definition and Timing

- If a patient develops restenosis of the target lesion, undergoes reintervention and SUBSEQUENTLY has a stent thrombosis, then it ain't counted.....
- Reason: To try to focus on the risk of the original stent procedure

# Stent Thrombosis: Alternative Definition

- Definitions developed during Summer 2006 by a consortium of academic investigators, regulators and industry representatives
- The Academic Research Consortium (ARC)
- ARC Definitions

# Stent Thrombosis: ARC Definition

- Definite:
  - angiographic thrombus, with or without vessel occlusion
  - associated with clinical, EKG or enzymatic evidence of acute ischemia or infarction
- Probable:
  - unexplained death within 30 days of the index procedure
  - MI at any time in the territory of the stented vessel in the absence of angiographic confirmation of stent thrombosis
- Possible:
  - unexplained death occurring more than 30 days after the index stent

# Stent Thrombosis: ARC Definition and Timing

- Secondary Thrombosis is included
- Timing:
  - Acute: within 24 hours
  - Subacute: Day 1-30
  - Late: 31 days to 1 year
  - Very late: after 1 year



# Incidence of Stent Thrombosis over 1440 Days

**Table 2.** Incidences of Death, Myocardial Infarction, and Stent Thrombosis after 1440 Days of Follow-up.\*

| End Point                                 | Sirolimus-Stent Group<br>(N=878)<br><i>number (percent)</i> | Bare-Metal-Stent Group<br>(N=870)<br><i>number (percent)</i> | Adjusted Hazard Ratio<br>(95% CI) | P Value |
|---|---|--|-----------------------------------|---------|
| Death                                     | 57 (6.7)  | 46 (5.4)   | 1.24 (0.84–1.83)                  | 0.28    |
| Cardiovascular cause                      | 29 (3.5)  | 23 (2.7)   | 1.26 (0.73–2.18)                  | 0.40    |
| Noncardiovascular cause                   | 28 (3.3)  | 23 (2.8)   | 1.22 (0.70–2.11)                  | 0.49    |
| MI  | 55 (6.4)  | 53 (6.2)   | 1.03 (0.71–1.51)                  | 0.86    |
| Q-wave                                    | 18 (2.1)  | 11 (1.3)   | 1.64 (0.78–3.47)                  | 0.20    |
| Non-Q-wave                                | 37 (4.3)  | 43 (5.0)   | 0.85 (0.55–1.33)                  | 0.48    |
| Death or Q-wave MI                        | 70 (8.2)  | 55 (6.5)   | 1.28 (0.90–1.82)                  | 0.17    |
| Death or any MI                           | 100 (11.6)  | 90 (10.5)  | 1.11 (0.83–1.47)                  | 0.48    |
| Stent thrombosis as defined in protocols† |   |  |                                   |         |
| Acute                                     | 0   | 0  | —                                 |         |
| Subacute                                  | 4 (0.5)   | 1 (0.1)  | 4.02 (0.45–35.98)                 | 0.21    |
| Late                                      | 6 (0.7)   | 4 (0.5)  | 1.50 (0.42–5.30)                  | 0.53    |
| Stent thrombosis as defined by the ARC‡   |   |  |                                   |         |
| Acute                                     | 0   | 0  | —                                 |         |
| Subacute                                  | 4 (0.5)   | 3 (0.5)  | 1.34 (0.30–5.93)                  | 0.70    |
| Late                                      | 3 (0.3)   | 11 (1.3)   | 0.18 (0.04–0.81)                  | 0.03    |
| Very late                                 | 23 (2.8)  | 14 (1.7)   | 1.65 (0.85–3.20)                  | 0.14    |
| Definite                                  | 10 (1.2)  | 7 (0.8)  | 1.43 (0.54–3.76)                  | 0.47    |
| Definite or probable                      | 13 (1.5)  | 15 (1.8)   | 0.87 (0.41–1.82)                  | 0.70    |
| Any                                       | 30 (3.6)  | 28 (3.3)   | 1.07 (0.64–1.79)                  | 0.80    |

10 vs 5

13 vs 15

\* All percentages are based on Kaplan–Meier estimates. Numbers of patients for death or Q-wave myocardial infarction (MI) and death or any MI do not total the sums for each end point alone because some patients had both end points. CI denotes confidence interval.

† Definitions of stent thrombosis according to the study protocols were as follows: acute, within 24 hours after the procedure; subacute, within 1 to 30 days after; and late, more than 30 days after.

‡ Definitions of stent thrombosis according to the Academic Research Consortium (ARC) were as follows: acute, within 24 hours after the procedure; subacute, within 1 to 30 days after; late, between 31 days and 1 year after; and very late, more than 1 year after. See text for details on stent-thrombosis adjudication per protocol and per ARC definitions.

# Pooled Analysis of Trials of Sirolimus- and Paclitaxel- Eluting Stents: Outcomes over 4 years

- TAXUS-I, TAXUS-II, TAXUS-IV,  
TAXUS-V and TAXUS VI
  - 3513 patients
- RAVEL, SIRIUS, E-SIRIUS, C-SIRIUS
  - 1748 patients

# Clinical Outcomes at 4 Years

**Table 3. Clinical Outcomes at 4 Years, According to Kaplan–Meier Estimates.\***

| Outcome  | Sirolimus-Eluting Stent (N=878)<br>no. (%) | Bare-Metal Stent (N=870)<br>no. (%) | Hazard Ratio (95% CI)† | P Value‡ | Paclitaxel-Eluting Stent (N=1755)<br>no. (%) | Bare-Metal Stent (N=1758)<br>no. (%) | Hazard Ratio (95% CI)† | P Value‡ |
|--|--|-------------------------------------|------------------------|----------|--|--------------------------------------|------------------------|----------|
| <b>Stent thrombosis</b>                            |  |                                     |                        |          |  |                                      |                        |          |
| Patients with any event                            | 10 (1.2)                                   | 5 (0.6)                             | 2.00 (0.68–5.85)       | 0.20     | 20 (1.3)§                                    | 14 (0.9)                             | 1.44 (0.73–2.84)       | 0.30     |
| 0 to 30 days after procedure                       | 4 (0.5)                                    | 1 (0.1)                             | 3.98 (0.45–35.62)      | 0.23     | 8 (0.5)                                      | 10 (0.6)                             | 0.80 (0.32–2.03)       | 0.79     |
| >30 days to 4 yr after procedure                   | 6 (0.7)                                    | 4 (0.5)                             | 1.50 (0.42–5.30)       | 0.57     | 12 (0.8)                                     | 4 (0.3)                              | 3.03 (0.98–9.38)       | 0.04     |
| >30 days to 1 yr after procedure                   | 1 (0.1)                                    | 4 (0.5)                             | 0.25 (0.03–2.22)       | 0.18     | 4 (0.2)                                      | 2 (0.1)                              | 2.01 (0.37–10.97)      | 0.28     |
| >1 to 4 yr after procedure                         | 5 (0.6)                                    | 0                                   | NA                     | 0.025    | 9 (0.7)                                      | 2 (0.2)                              | 4.54 (0.98–21.03)      | 0.028    |
| <b>Death</b>                                       |  |                                     |                        |          |  |                                      |                        |          |
| From all causes                                    | 57 (6.7)                                   | 45 (5.3)                            | 1.27 (0.86–1.88)       | 0.23     | 86 (6.1)                                     | 92 (6.6)                             | 0.94 (0.70–1.26)       | 0.68     |
| 0 to 30 days after procedure                       | 1 (0.1)                                    | 1 (0.1)                             | 0.99 (0.06–15.86)      | 1.00     | 2 (0.1)                                      | 5 (0.3)                              | 0.40 (0.08–2.07)       | 0.43     |
| >30 days to 4 yr after procedure                   | 56 (6.6)                                   | 44 (5.2)                            | 1.27 (0.86–1.89)       | 0.23     | 84 (6.0)                                     | 87 (6.3)                             | 0.97 (0.72–1.31)       | 0.85     |
| >30 days to 1 yr after procedure                   | 10 (1.1)                                   | 6 (0.7)                             | 1.66 (0.60–4.56)       | 0.32     | 26 (1.5)                                     | 26 (1.5)                             | 1.00 (0.58–1.73)       | 0.99     |
| >1 to 4 yr after procedure                         | 46 (5.5)                                   | 38 (4.6)                            | 1.21 (0.79–1.87)       | 0.37     | 58 (4.6)                                     | 61 (4.9)                             | 0.96 (0.67–1.37)       | 0.81     |
| From cardiac causes                                | 29 (3.5)                                   | 23 (2.7)                            | 1.26 (0.73–2.18)       | 0.40     | 36 (2.4)                                     | 42 (3.0)                             | 0.86 (0.55–1.35)       | 0.51     |
| From noncardiac causes                             | 28 (3.3)                                   | 22 (2.7)                            | 1.27 (0.73–2.23)       | 0.40     | 50 (3.8)                                     | 50 (3.7)                             | 1.01 (0.68–1.49)       | 0.98     |
| <b>Myocardial infarction</b>                       |  |                                     |                        |          |  |                                      |                        |          |
| Patients with any event                            | 55 (6.4)                                   | 53 (6.2)                            | 1.03 (0.71–1.51)       | 0.86     | 111 (7.0)                                    | 105 (6.3)                            | 1.06 (0.81–1.39)       | 0.66     |
| 0 to 30 days after procedure                       | 22 (2.5)                                   | 17 (2.0)                            | 1.29 (0.68–2.42)       | 0.43     | 66 (3.8)                                     | 55 (3.1)                             | 1.20 (0.84–1.72)       | 0.31     |
| >30 days to 4 yr after procedure                   | 34 (4.1)                                   | 37 (4.4)                            | 0.91 (0.57–1.45)       | 0.69     | 49 (2.6)                                     | 54 (3.5)                             | 0.91 (0.62–1.34)       | 0.62     |
| >30 days to 1 yr after procedure                   | 11 (1.3)                                   | 19 (2.2)                            | 0.57 (0.27–1.20)       | 0.13     | 14 (0.8)                                     | 31 (1.8)                             | 0.45 (0.24–0.85)       | 0.01     |
| >1 to 4 yr after procedure                         | 23 (2.8)                                   | 18 (2.2)                            | 1.28 (0.69–2.37)       | 0.43     | 36 (2.8)                                     | 25 (1.8)                             | 1.45 (0.87–2.42)       | 0.15     |
| Q-wave   | 18 (2.1)                                   | 11 (1.3)                            | 1.64 (0.77–3.47)       | 0.19     | 22 (1.4)                                     | 17 (1.1)                             | 1.30 (0.69–2.45)       | 0.42     |
| Non-Q-wave   | 38 (4.5)                                   | 43 (5.0)                            | 0.88 (0.57–1.36)       | 0.55     | 91 (5.8)                                     | 90 (5.3)                             | 1.02 (0.76–1.36)       | 0.92     |
| Death or myocardial infarction                     | 100 (11.6)                                 | 89 (10.4)                           | 1.12 (0.84–1.49)       | 0.44     | 187 (12.4)                                   | 183 (11.8)                           | 1.03 (0.84–1.26)       | 0.79     |
| Death or Q-wave myocardial infarction              | 70 (8.2)                                   | 54 (6.4)                            | 1.30 (0.91–1.86)       | 0.14     | 105 (7.3)                                    | 107 (7.5)                            | 0.99 (0.76–1.29)       | 0.93     |
| Myocardial infarction or death from cardiac causes | 75 (8.8)                                   | 70 (8.2)                            | 1.07 (0.77–1.48)       | 0.69     | 139 (8.9)                                    | 136 (8.5)                            | 1.03 (0.81–1.30)       | 0.82     |
| <b>Revascularization</b>                           |  |                                     |                        |          |  |                                      |                        |          |
| Target lesion                                      | 66 (7.8)                                   | 202 (23.6)                          | 0.29 (0.22–0.39)       | <0.001   | 66 (10.1)                                    | 338 (20.0)                           | 0.46 (0.38–0.55)       | <0.001   |
| Target vessel                                      | 102 (12.1)                                 | 235 (27.5)                          | 0.38 (0.30–0.48)       | <0.001   | 272 (17.2)                                   | 409 (24.7)                           | 0.62 (0.53–0.73)       | <0.001   |

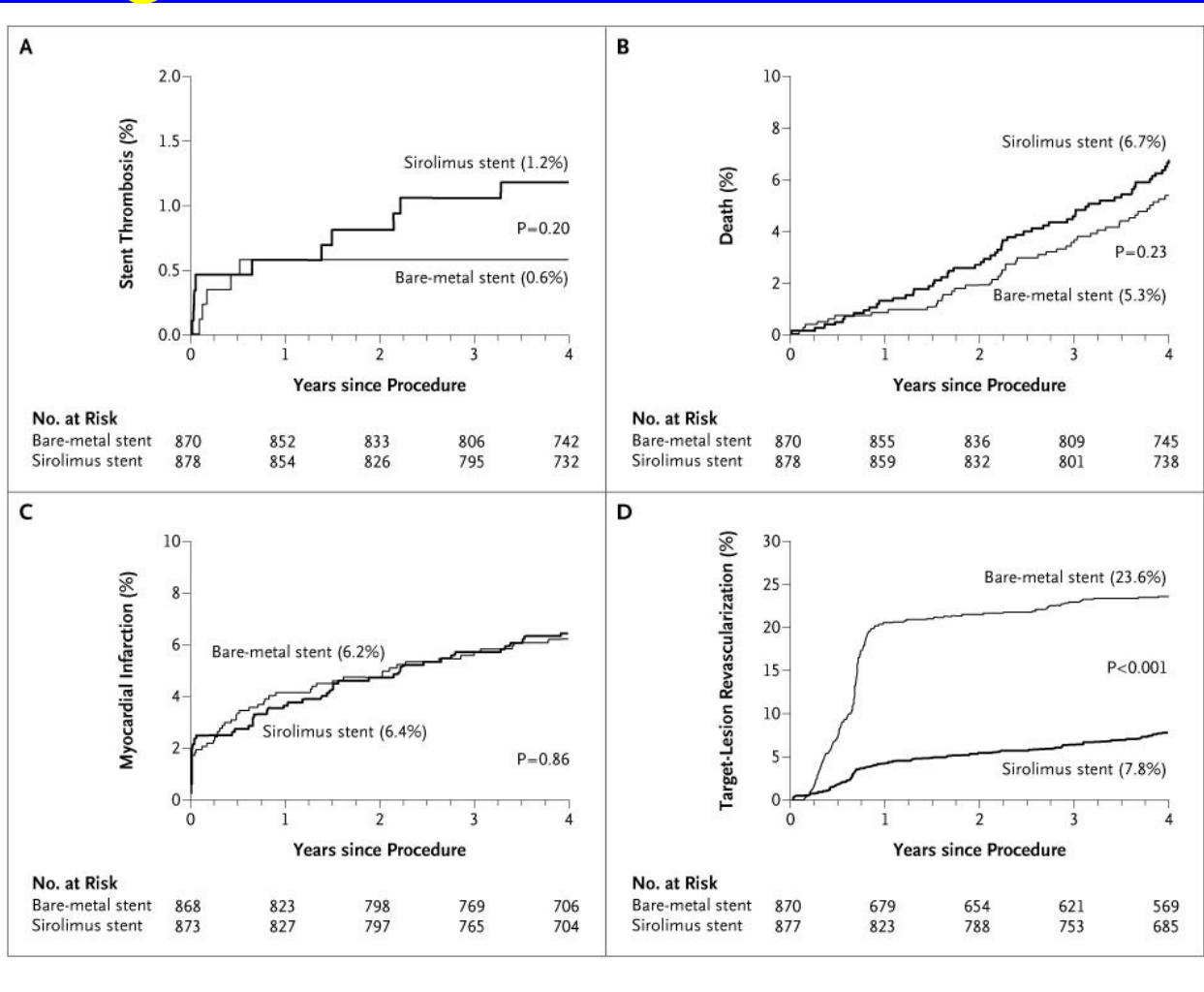
\* Percentages are cumulative Kaplan–Meier estimates, taking into account data from patients who were lost to follow-up at different times, and may thus differ from simple binary percentages. Only the first event was counted within any interval. CI denotes confidence interval.

† The estimate was calculated from a Cox proportional-hazards model.

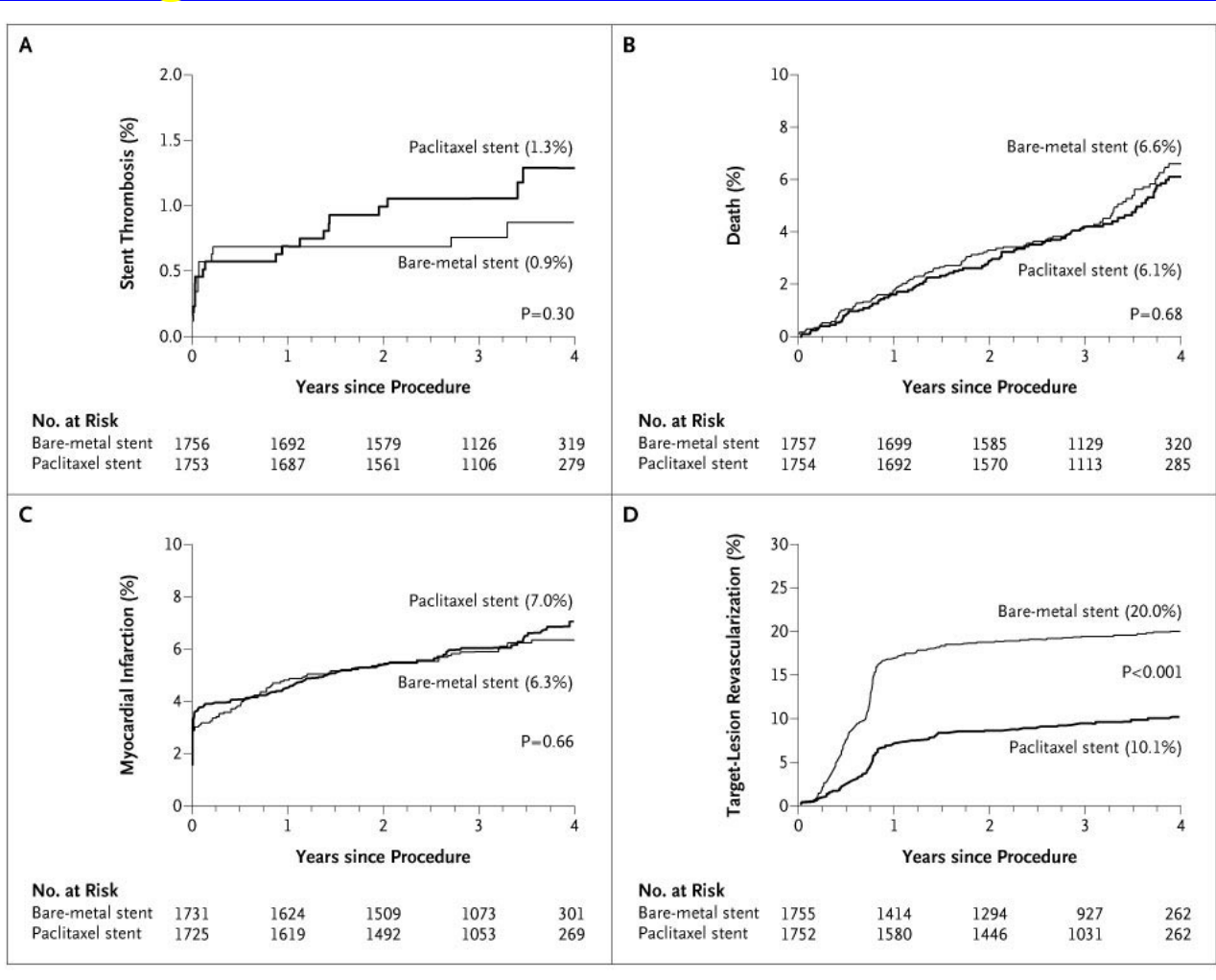
‡ P values were calculated by a two-sided log-rank test or exact log-rank test.

§ One patient had two episodes of stent thrombosis, one before 1 year and one after 1 year.

# SES vs BMS over 4 years: Stent Thrombosis, Death, MI, and Target-Lesion Revascularization



# PES vs BMS over 4 years: Stent Thrombosis, Death, MI, and Target-Lesion Revascularization



# Protocol and ARC Definitions of Stent Thrombosis in SES and PES: Total and VLST

|  | SES       | BMS       |  | PES       | BMS       |
|--|-----------|-----------|--|-----------|-----------|
| <b>Overall</b>                                   |           |           |  |           |           |
| Protocol   | 10 (1.2%) | 5 (0.6%)  |  | 16 (1.3%) | 10 (0.8%) |
| ARC definite or probable                         | 13 (1.5%) | 15 (1.7%) |  | 22 (1.8%) | 18 (1.4%) |
| <b>Very Late Stent Thrombosis (&gt;365 days)</b> |           |           |  |           |           |
| Protocol   | 5 (0.6%)  | 0         |  | 6 (0.6%)  | 1 (0.2%)  |
| ARC definite or probable                         | 8 (0.9%)  | 4 (0.4%)  |  | 10 (0.9%) | 7 (0.6%)  |



# Clinical Outcomes in Patients after Definite or Probable Stent Thrombosis

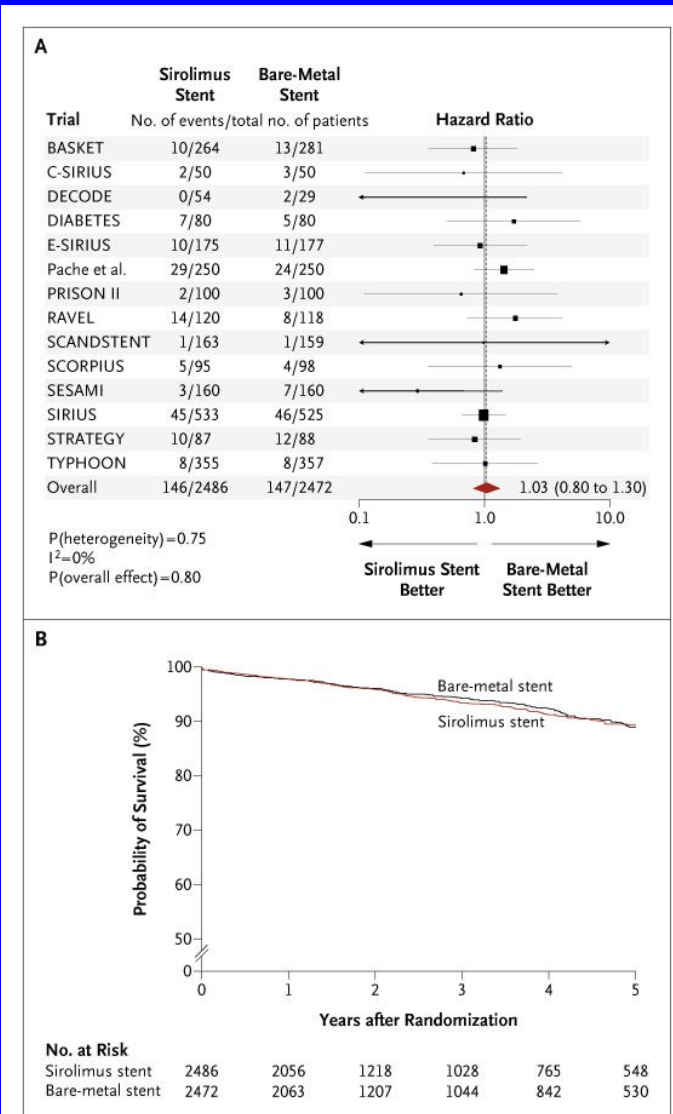
**Table 3. Clinical Outcomes in Patients after Definite or Probable Stent Thrombosis.\***

| Variable              | Sirolimus-Stent Trials      |                              | Paclitaxel-Stent Trials      |                              |
|-----------------------|-----------------------------|------------------------------|------------------------------|------------------------------|
|                       | Sirolimus Stent<br>(N = 13) | Bare-Metal Stent<br>(N = 15) | Paclitaxel Stent<br>(N = 22) | Bare-Metal Stent<br>(N = 18) |
|                       | <i>no. of events (%)</i>    |                              |                              |                              |
| Death                 | 4 (30.8)                    | 5 (33.3)                     | 7 (31.8)                     | 5 (27.8)                     |
| Myocardial infarction |                             |                              |                              |                              |
| Any event             | 13 (100)                    | 13 (86.7)                    | 17 (77.3)                    | 14 (77.8)                    |
| Fatal event           | 4 (30.8)                    | 4 (26.7)                     | 4 (18.2)                     | 3 (16.7)                     |
| Q-wave                | 8 (61.5)                    | 5 (33.3)                     | 7 (31.8)                     | 5 (27.8)                     |
| Non-Q-wave            | 5 (38.5)                    | 9 (60.0)                     | 10 (45.5)                    | 10 (55.6)                    |

\* The definition of definite or probable stent thrombosis is based on criteria set by the Academic Research Consortium (ARC). One patient with a bare-metal stent had both Q-wave and non-Q-wave myocardial infarctions at different times.

# The Last Analysis: 14 Trials of SES vs BMS

## 5-Year Survival

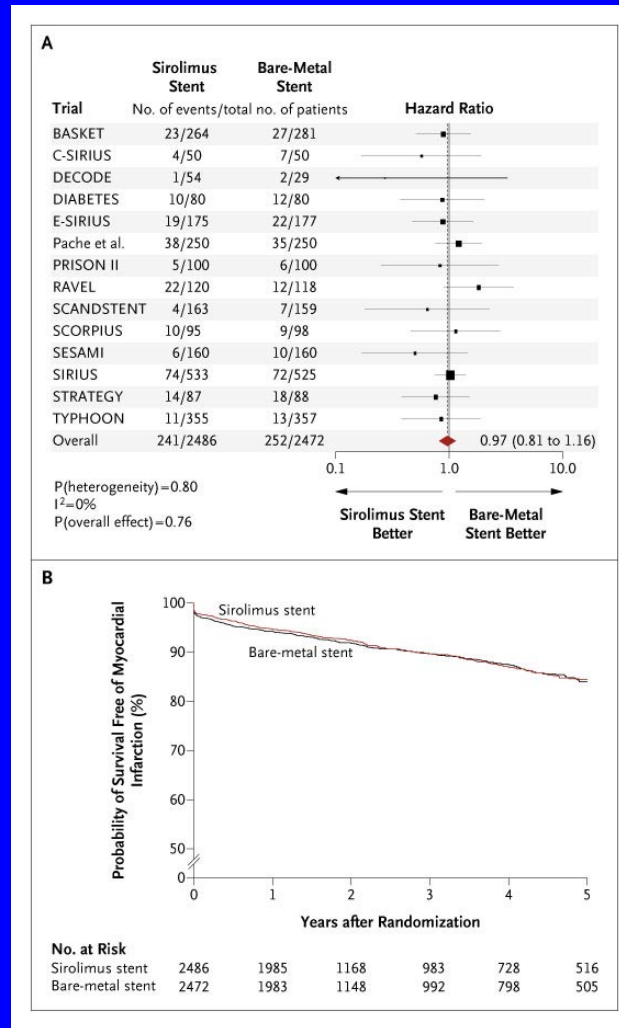


8 of these trials censored secondary stent thrombosis

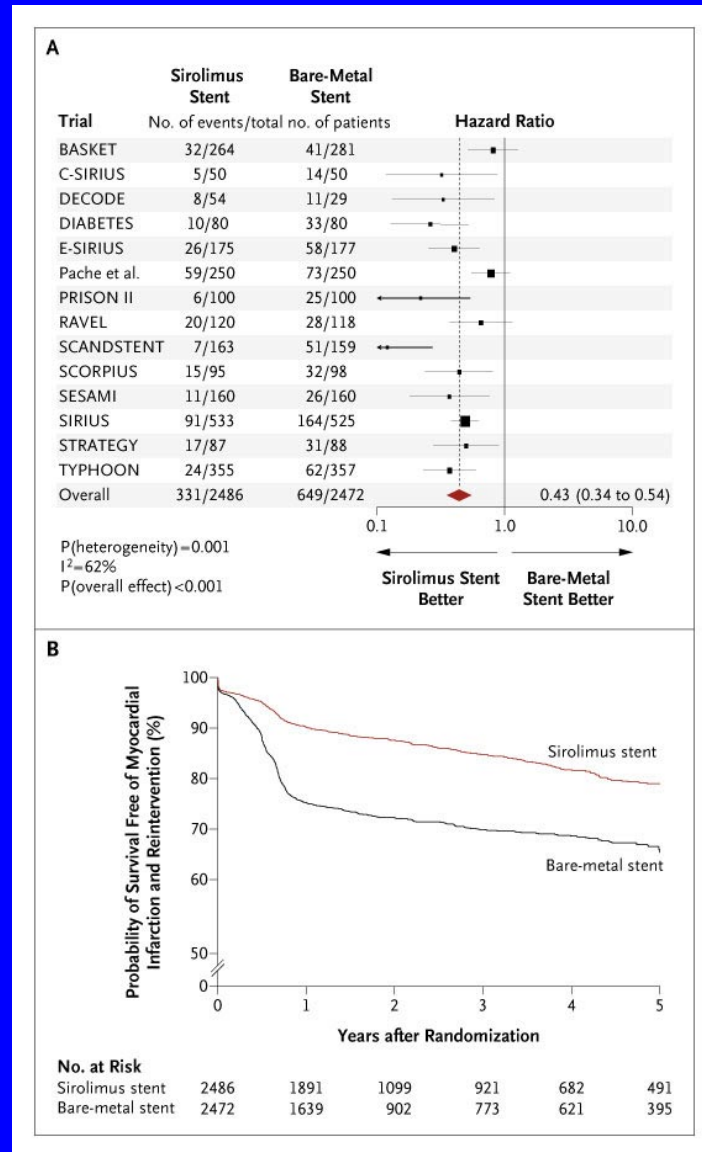
Stent thrombosis defined by study protocol not by ARC criteria



# Death or MI and Survival Free of MI



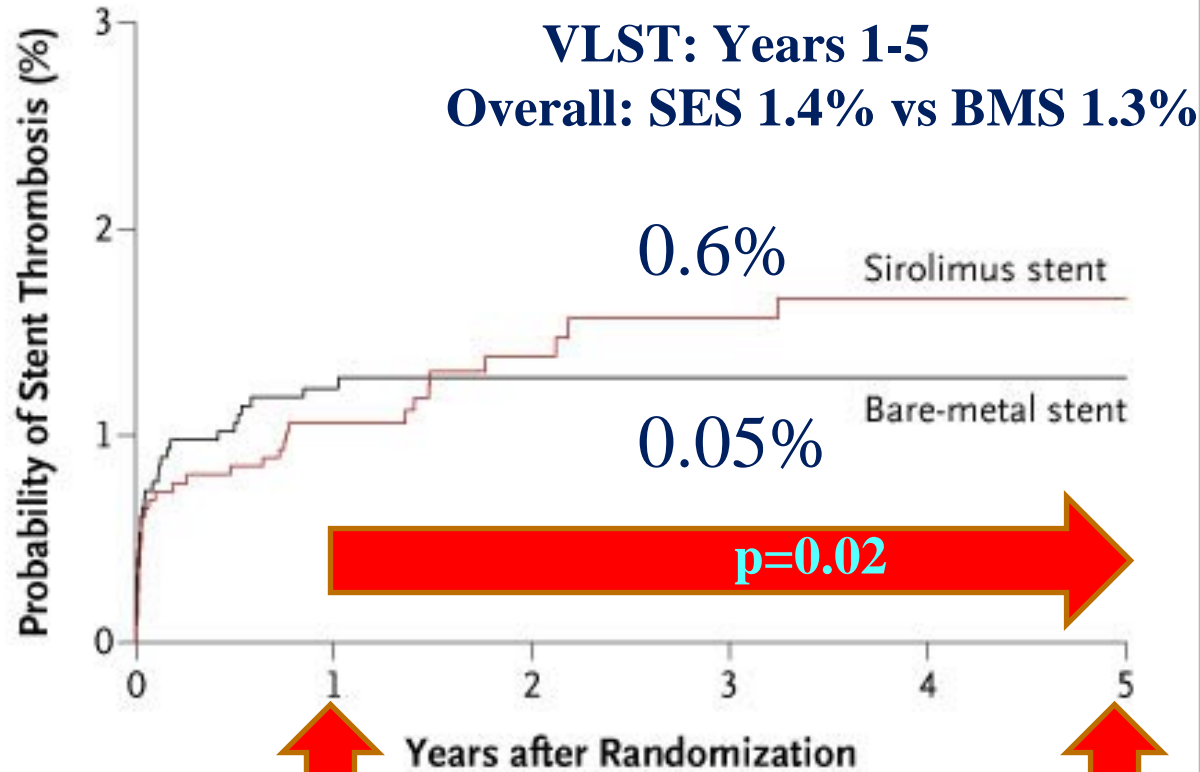
# Survival Free of MI and Reintervention



# BMS vs SES:

## Stent Thrombosis: Timing

**A**

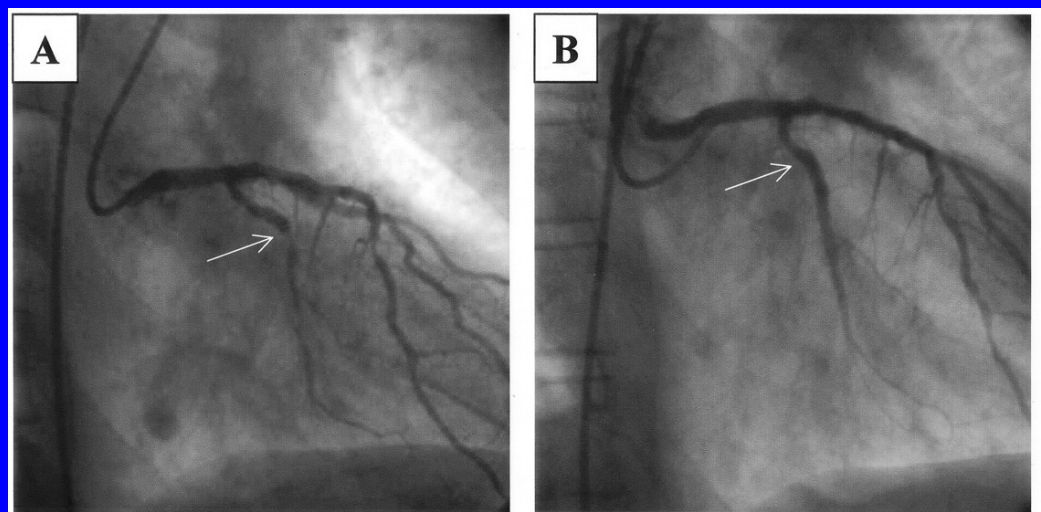


**No. at Risk**

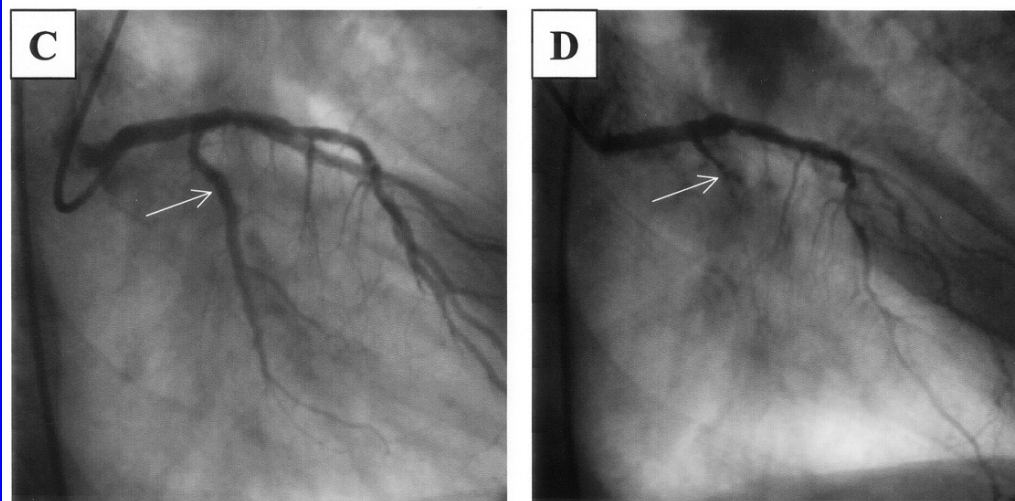
|                  |      |      |      |      |     |     |
|------------------|------|------|------|------|-----|-----|
| Sirolimus stent  | 2486 | 2042 | 1208 | 1021 | 761 | 533 |
| Bare-metal stent | 2472 | 2046 | 1201 | 1039 | 838 | 523 |

**B**

# So, when it happens.....



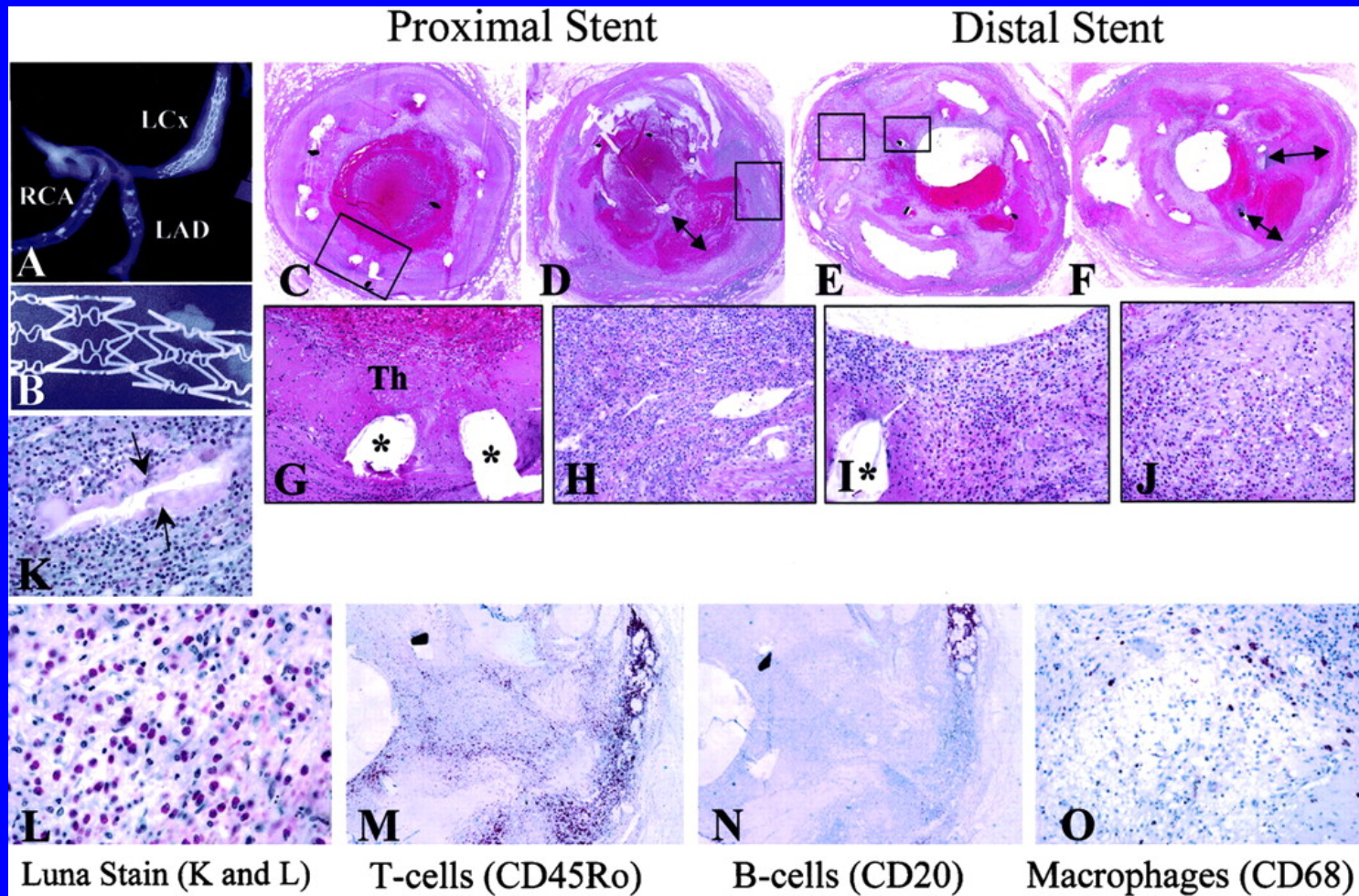
**Baseline Lesion (LCx) CYPHER™ Stent Implants**



**Follow-up (8 Months) Follow-up (18 Months)**



# Why does it happen?



# Mechanism: Inflammation, malapposition, thrombosis

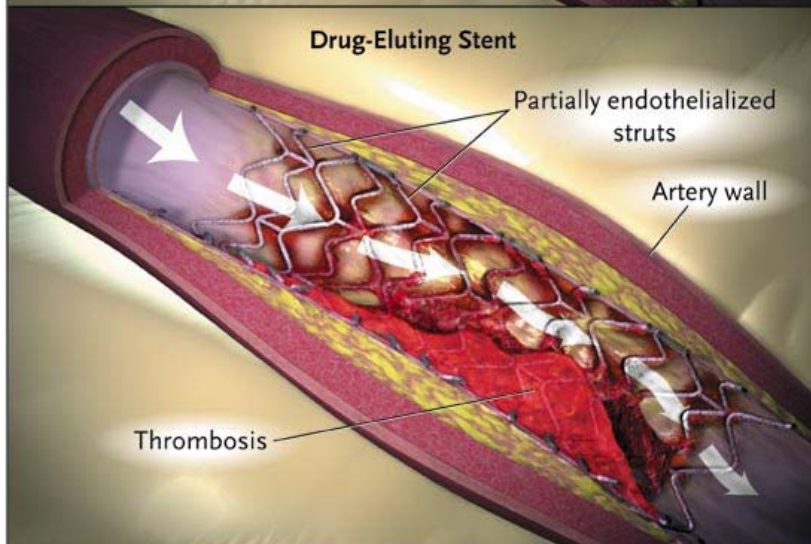
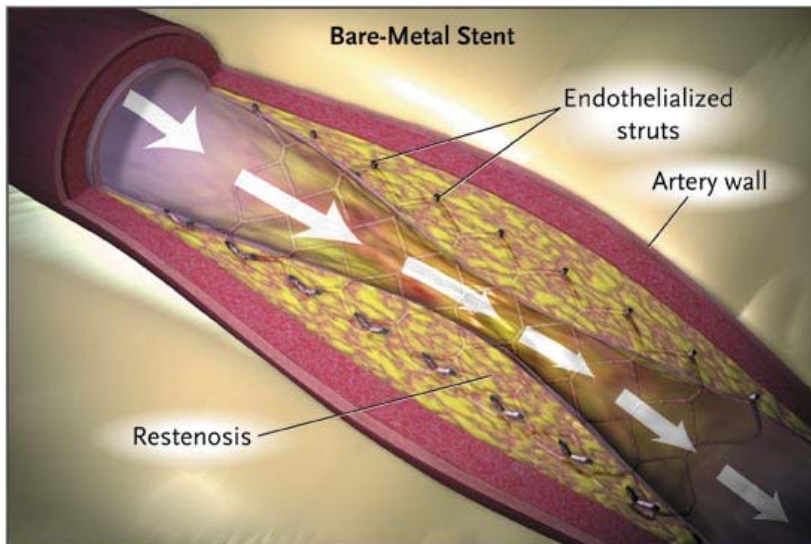
Suboptimal stent deployment: just as likely with DES as with BMS

More challenging lesions, smaller vessels

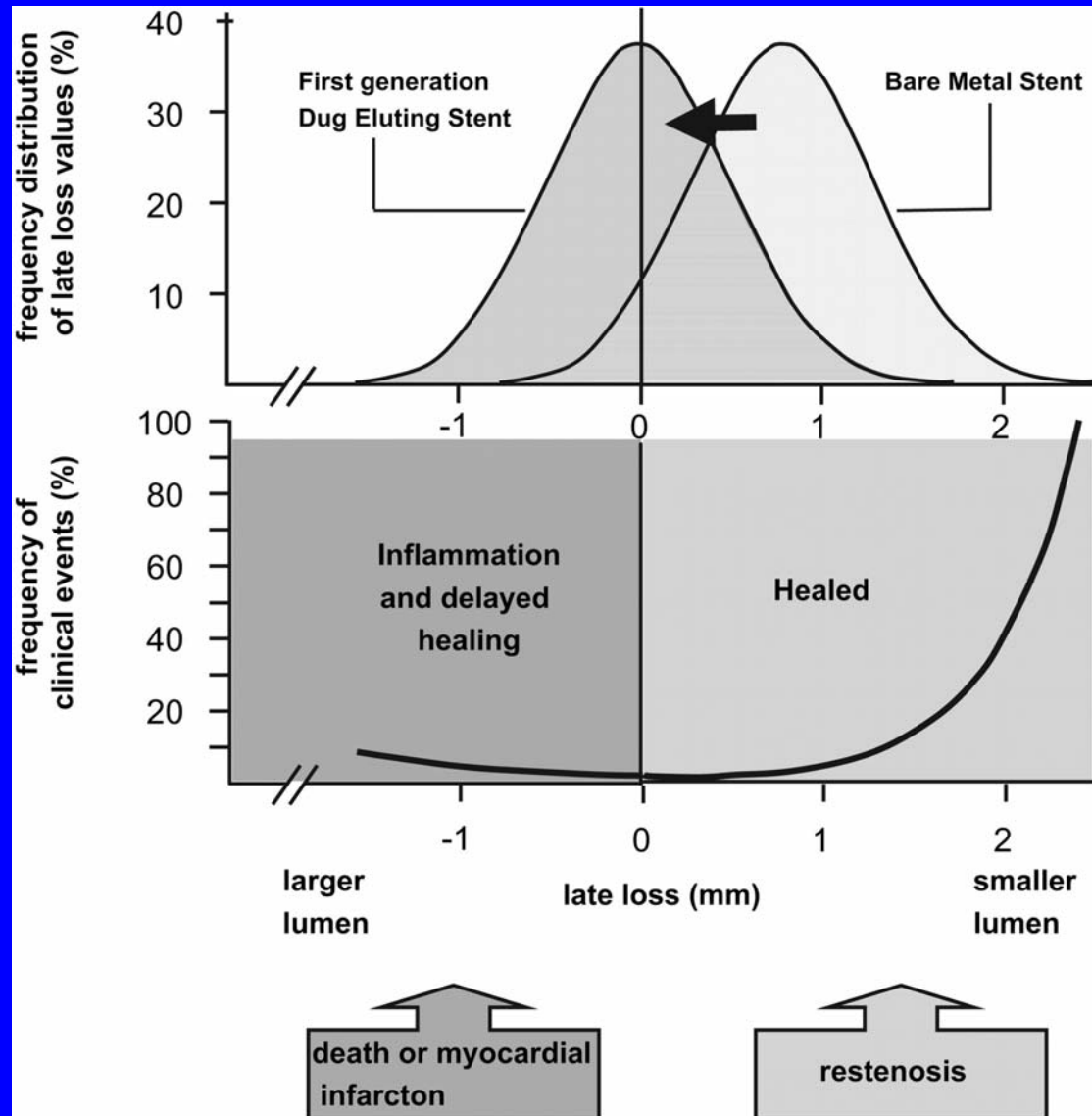
Polymer induced hypersensitivity with eosinophilic infiltration (probably not to stent or drug)

Inflammation may prevent endothelialization of the stent and may cause destruction of the media

Positive remodeling causing late acquired stent malapposition (LASMA) in 10% and coronary aneurysm in 1%



# J-curve relationship between Late Loss and clinical events





# Conclusions

- A small increase in the incidence of very late stent thrombosis (after 1 year) with DES compared to BMS when protocol but not ARC definition is used
- No evidence of associated increased mortality or MI with DES versus BMS
- Reconfirmation of the marked benefit of DES upon the need to repeat revascularization
- Trade off ? A frequent, innocuous (restenosis) versus a rare malignant (stent thrombosis) outcome.

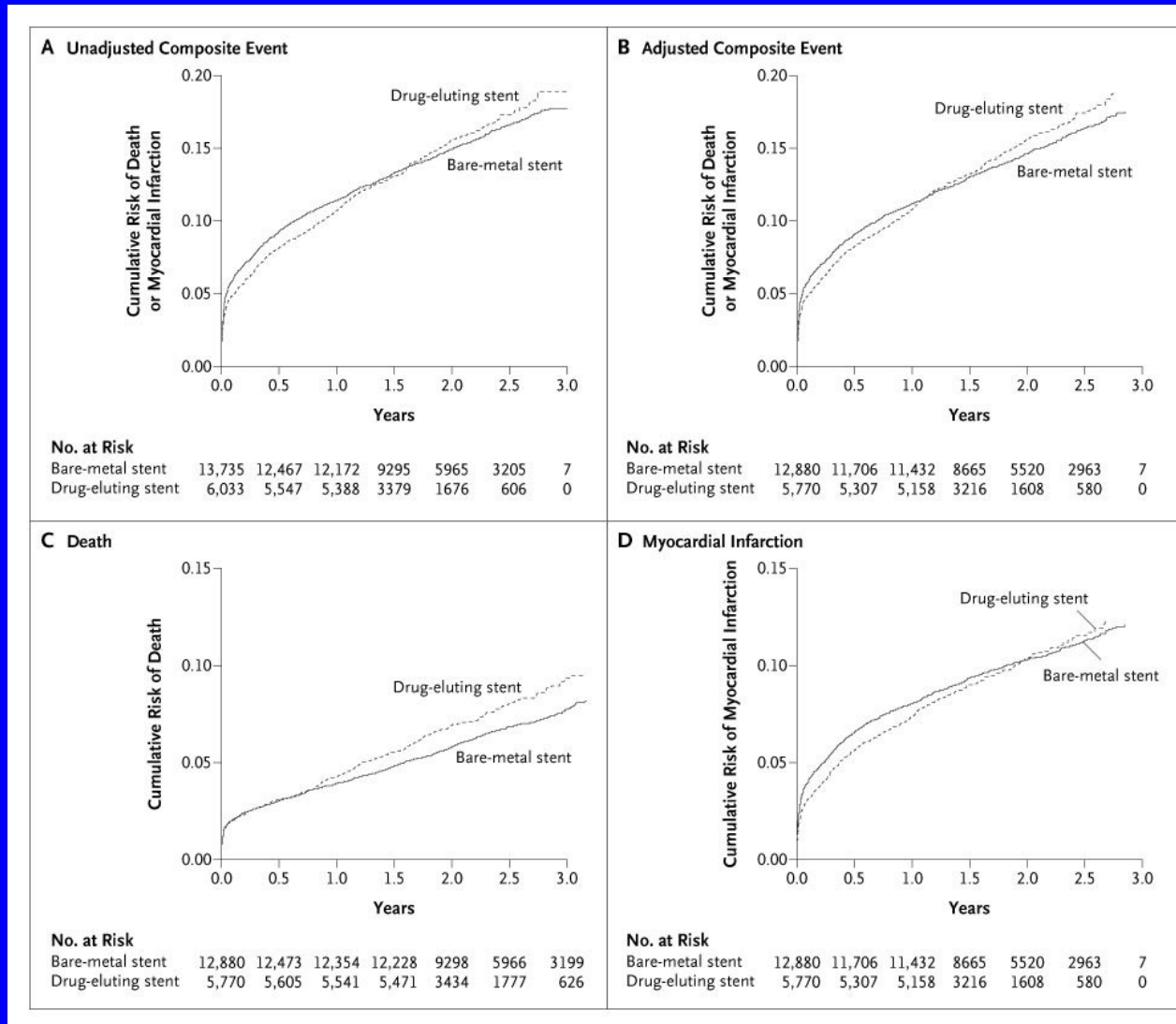


# Limitations of the data and Unanswered Questions

- Study not powered to detect a clinically significant mortality difference: 11,000 patients would need to be studied to be able to detect a mortality effect
- Longer term follow up needed
- Patients are highly selected and represent only 25% of patients currently treated with DES: Do these (reassuring?) data apply to all the rest in the “real world”?
- Dual antiplatelet therapy

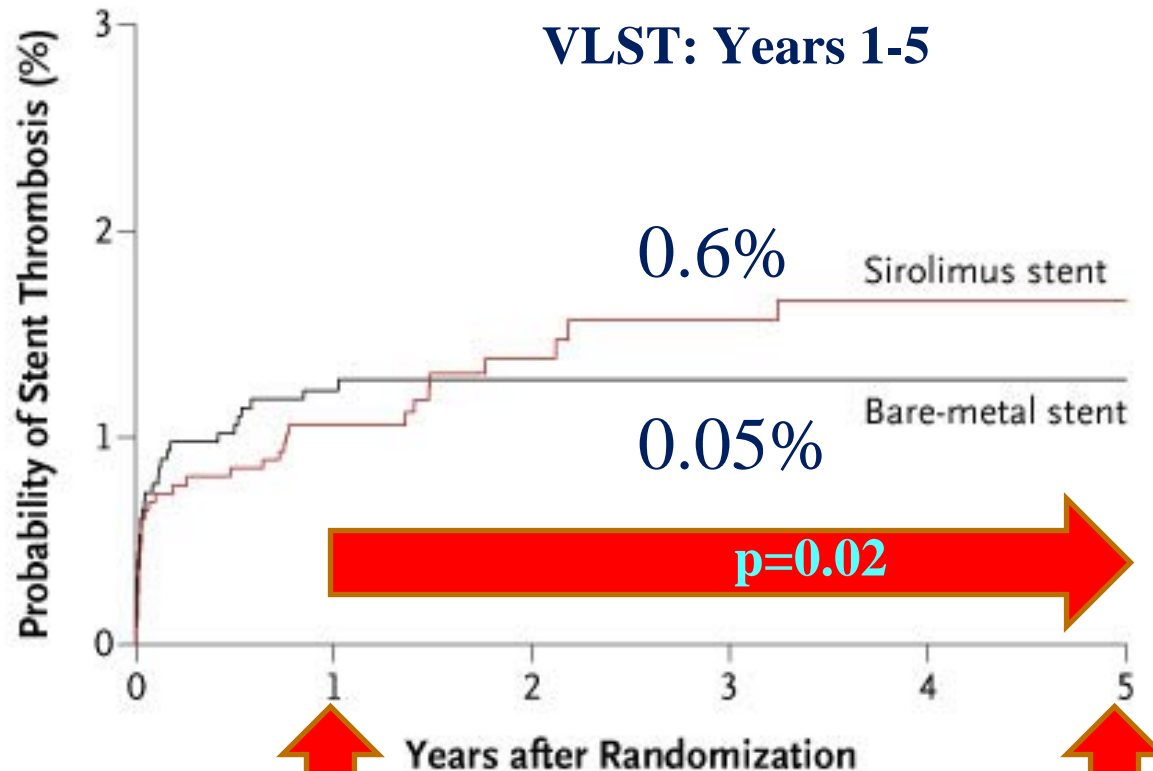
# Real World: SCAAR

## Estimated Cumulative Event Rates



# VLST: Is it related to cessation of Dual Anti-Platelet therapy?

A



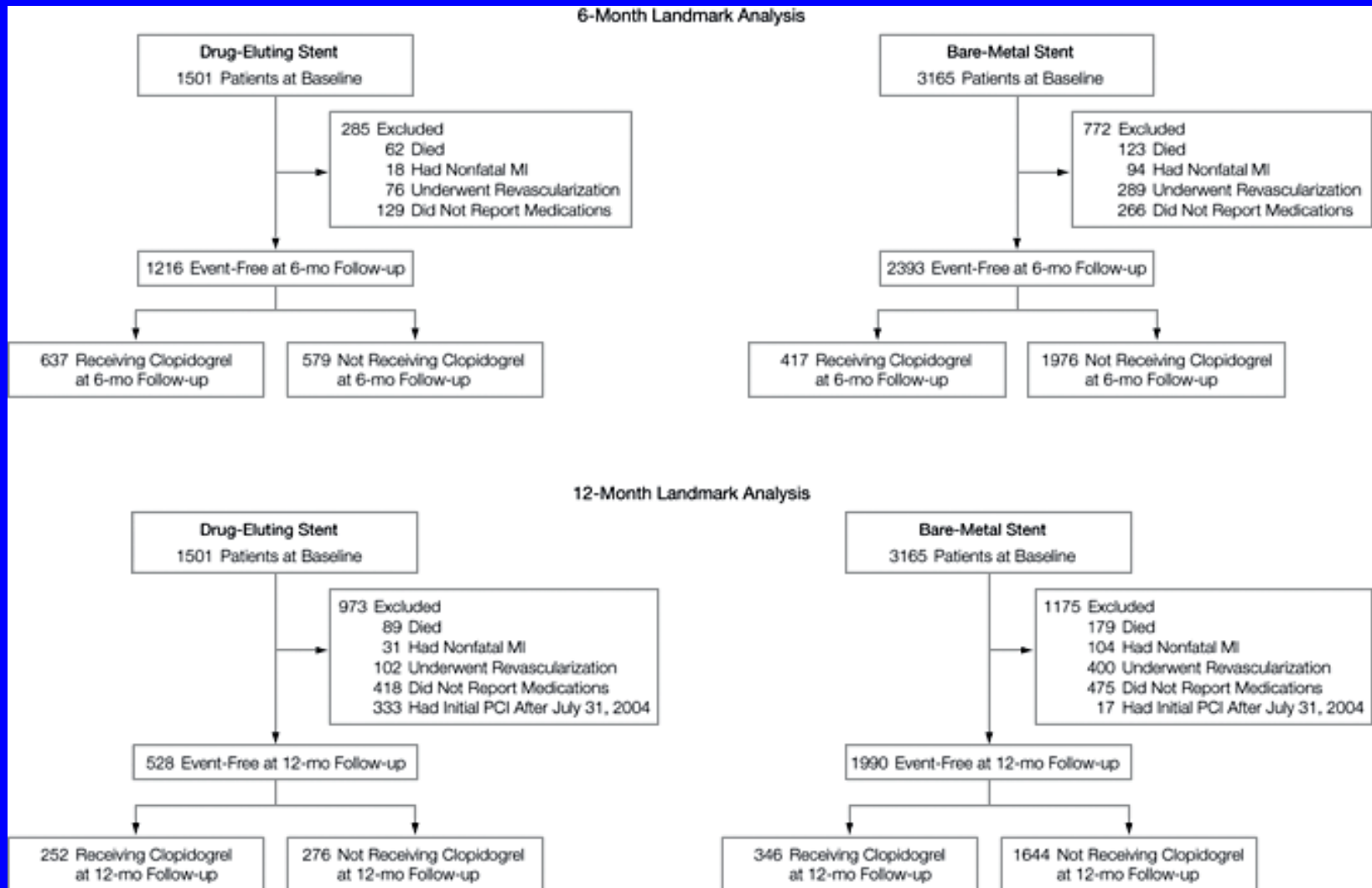
No. at Risk

|                  |      |      |      |      |     |     |
|------------------|------|------|------|------|-----|-----|
| Sirolimus stent  | 2486 | 2042 | 1208 | 1021 | 761 | 533 |
| Bare-metal stent | 2472 | 2046 | 1201 | 1039 | 838 | 523 |

B

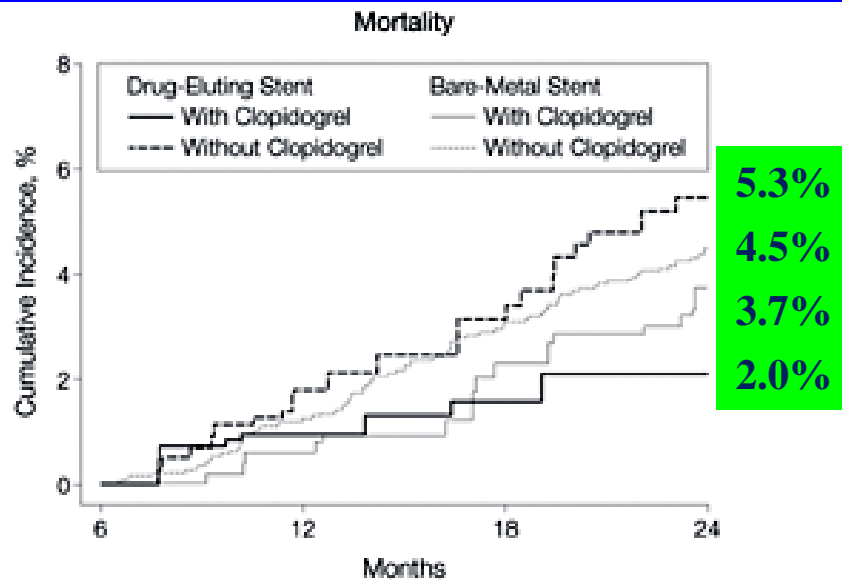
# VLST:

## Is the risk lessened by longer duration of Dual Anti-Platelet Therapy?



# VLST:

## Is the risk lessened by longer duration of Dual Anti-Platelet Therapy?



No. at Risk

Drug-Eluting Stent

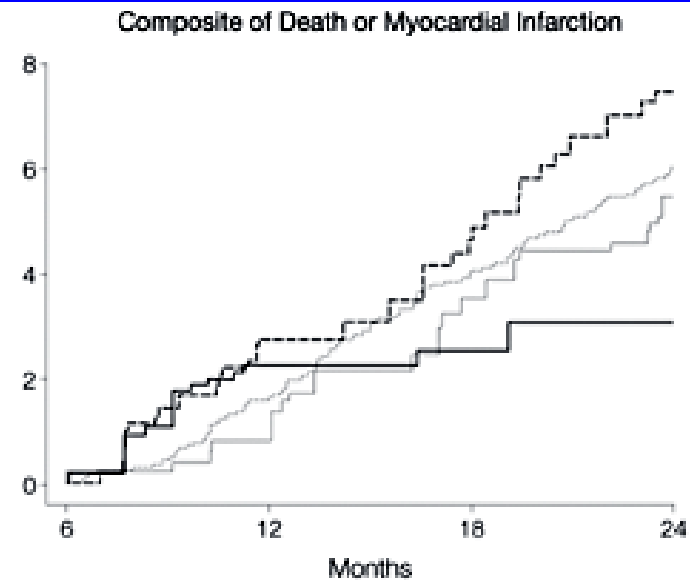
With Clopidogrel 637 618 303 290

Without Clopidogrel 579 532 267 245

Bare-Metal Stent

With Clopidogrel 417 413 397 387

Without Clopidogrel 1976 1948 1896 1852



637 613 300 287

579 526 262 238

417 412 394 382

1976 1941 1879 1825

DES with vs without Clopidogrel  $p=0.03$

BMS with vs without Clopidogrel  $p=0.5$  NS

# What is the appropriate duration of Dual Anti-Platelet Therapy after DES?

- Not known
- Trials will be needed and have been proposed
- Until then: individualized
- Risk, cost and compliance issues associated with long-term dual anti-platelet therapy

# Implications for ongoing trials of DES

Randomized Studies of Currently Approved Drug-Eluting Stents That May Result in Expansion of Indications for Use.\*

| Trial  | Conditions   | Treatment Groups                                   | Expected Total Enrollment | Design         | Primary End Point  | Date Initiated |
|--|--|--|---------------------------|----------------|--|----------------|
| Synergy between PCI with Taxus and Cardiac Surgery (SYNTAX [ClinicalTrials.gov no., NCT00114972])†   | Multivessel coronary disease or disease of the left main coronary artery | Multivessel Taxus stents vs. CABG                  | 1800                      | Noninferiority | 12-mo rate of major adverse cardiac and cerebrovascular events (death from any cause, cerebrovascular event, myocardial infarction, or repeated revascularization) | March 2005     |
| Future Revascularization Evaluation in Patients with Diabetes Mellitus: Optimal Management of Multivessel Disease (FREEDOM [ClinicalTrials.gov no., NCT00086450])† | Multivessel coronary disease and diabetes mellitus                       | Multivessel Cypher or Taxus stents vs. CABG        | 2400                      | Superiority    | Composite of death from any cause, nonfatal myocardial infarction, or stroke measured through 5 yr (minimum of 3 yr of follow-up)                                  | April 2004     |
| Harmonizing Outcomes with Revascularization and Stents in Acute Myocardial Infarction (HORIZONS AMI)‡  | Myocardial infarction with acute ST-segment elevation                    | Taxus stent vs. identical bare-metal Express stent | 3400                      | Superiority    | Efficacy: ischemic target-vessel revascularization at 1 yr<br>Safety: composite of death, reinfarction, stent thrombosis, or stroke at 1 yr                        | March 2005     |

\* PCI denotes percutaneous coronary intervention, and CABG coronary-artery bypass grafting.

† Information is from ClinicalTrials.gov.

‡ Registration of this trial at ClinicalTrials.gov is pending.

Which brings us to our next controversy:  
Should we be stenting all these patients in the  
first place?

- Courage Trial Research Group
- Stable coronary artery disease
- Should the initial management strategy be PCI or intensive medical and lifestyle intervention?

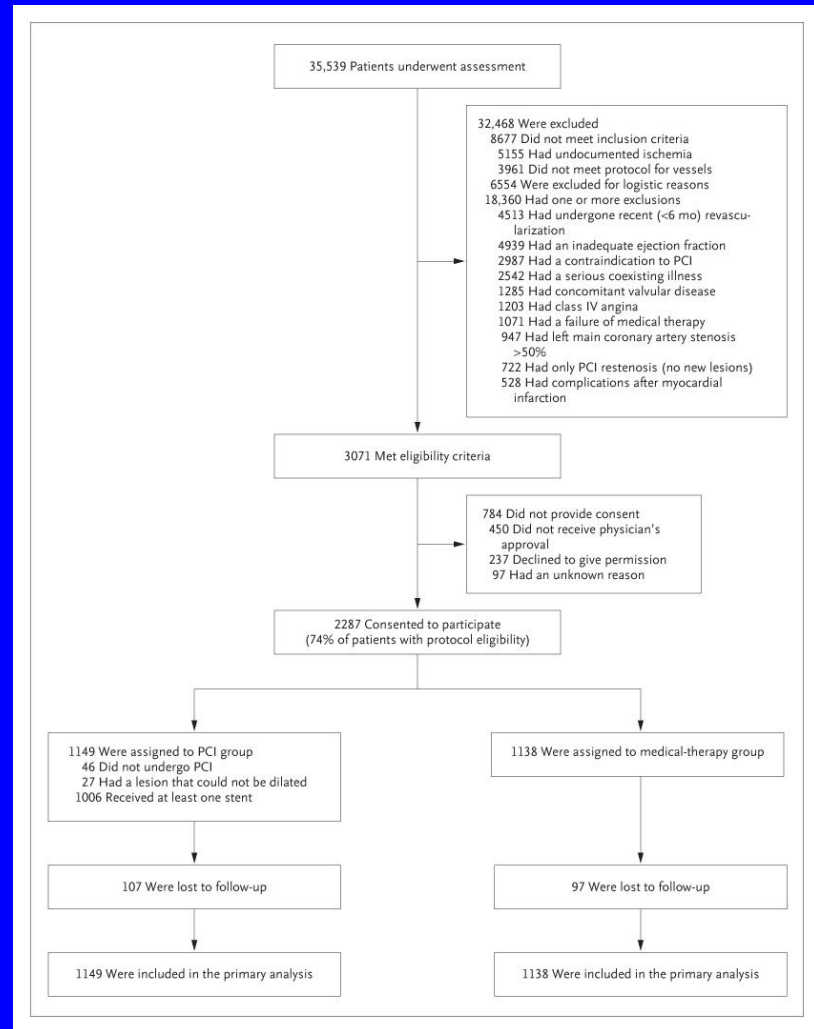


# Clinical Outcomes Utilizing Revascularization and Aggressive Drug Evaluation COURAGE Trial: Enrollment and Outcomes

Stable coronary artery disease with:

70% stenosis in a proximal epicardial  
coronary artery with objective evidence  
of myocardial ischemia

Or, 80% stenosis with typical anginal  
symptoms without the need for  
documentation of ischemia



# Primary and Secondary Outcomes

## Median follow up of 4.6 years

**Table 3. Primary and Secondary Outcomes.\***

| Outcome   | Number of Events |                       | Hazard Ratio (95% CI) <sup>†</sup> | P Value <sup>‡</sup> | Cumulative Rate at 4.6 Years |                         |
|---|------------------|-----------------------|------------------------------------|----------------------|------------------------------|-------------------------|
|   | PCI Group        | Medical-Therapy Group |                                    |                      | PCI Group                    | Medical-Therapy Group % |
| Death and nonfatal myocardial infarction <sup>‡</sup> | 211              | 202                   | 1.05 (0.87–1.27)                   | 0.62                 | 19.0                         | 18.5                    |
| Death <sup>§</sup>                                    | 68               | 74                    |                                    |                      |                              |                         |
| Periprocedural myocardial infarction                  | 35               | 9                     |                                    |                      |                              |                         |
| Spontaneous myocardial infarction                     | 108              | 119                   |                                    |                      |                              |                         |
| Death, myocardial infarction, and stroke              | 222              | 213                   | 1.05 (0.87–1.27)                   | 0.62                 | 20.0                         | 19.5                    |
| Hospitalization for ACS                               | 135              | 125                   | 1.07 (0.84–1.37)                   | 0.56                 | 12.4                         | 11.8                    |
| Death <sup>§</sup>                                    | 85               | 95                    | 0.87 (0.65–1.16)                   | 0.38                 | 7.6                          | 8.3                     |
| Cardiac   | 23               | 25                    |                                    |                      |                              |                         |
| Other   | 45               | 51                    |                                    |                      |                              |                         |
| Unknown   | 17               | 19                    |                                    |                      |                              |                         |
| Total nonfatal myocardial infarction                  | 143              | 128                   | 1.13 (0.89–1.43)                   | 0.33                 | 13.2                         | 12.3                    |
| Periprocedural myocardial infarction                  | 35               | 9                     |                                    |                      |                              |                         |
| Spontaneous myocardial infarction                     | 108              | 119                   |                                    |                      |                              |                         |
| Death, myocardial infarction, and ACS                 | 294              | 288                   | 1.05 (0.90–1.24)                   | 0.52                 | 27.6                         | 27.0                    |
| Stroke  | 22               | 14                    | 1.56 (0.80–3.04)                   | 0.19                 | 2.1                          | 1.8                     |
| Revascularization (PCI or CABG) <sup>¶</sup>          | 228              | 348                   | 0.60 (0.51–0.71)                   | <0.001               | 21.1                         | 32.6                    |

\* ACS denotes acute coronary syndrome, PCI percutaneous coronary intervention, and CABG coronary-artery bypass grafting.

<sup>†</sup> The hazard ratio is for the PCI group as compared with the medical-therapy group, and P values were calculated by the log-rank test and are unadjusted for multiple variables.

<sup>‡</sup> The definition of myocardial infarction was the finding of new Q waves at any time; a spontaneous creatine kinase MB fraction of at least 1.5 times the upper limit of normal or a troponin T or I level of at least 2.0 times the upper limit of normal; during a PCI procedure, a creatine kinase MB fraction of at least 3 times the upper limit of normal or a troponin T or I level of at least 5.0 times the upper limit of normal, associated with new ischemic symptoms; and after CABG, a creatine kinase MB fraction or a troponin T or I level of at least 10.0 times the upper limit of normal. If periprocedural myocardial infarction is excluded from the primary outcome, the hazard ratio is 0.90 (95% CI, 0.73 to 1.10; P=0.29).

<sup>§</sup> Some patients had a nonfatal myocardial infarction before their subsequent death so that the number of deaths overall is greater than the number of deaths in the primary outcome analysis, which includes the time until the first event.

<sup>¶</sup> Values exclude the initial PCI procedure in patients who were originally assigned to the PCI group.

# Clinical Status, Risk and Lifestyle Factors, and Use of Medication

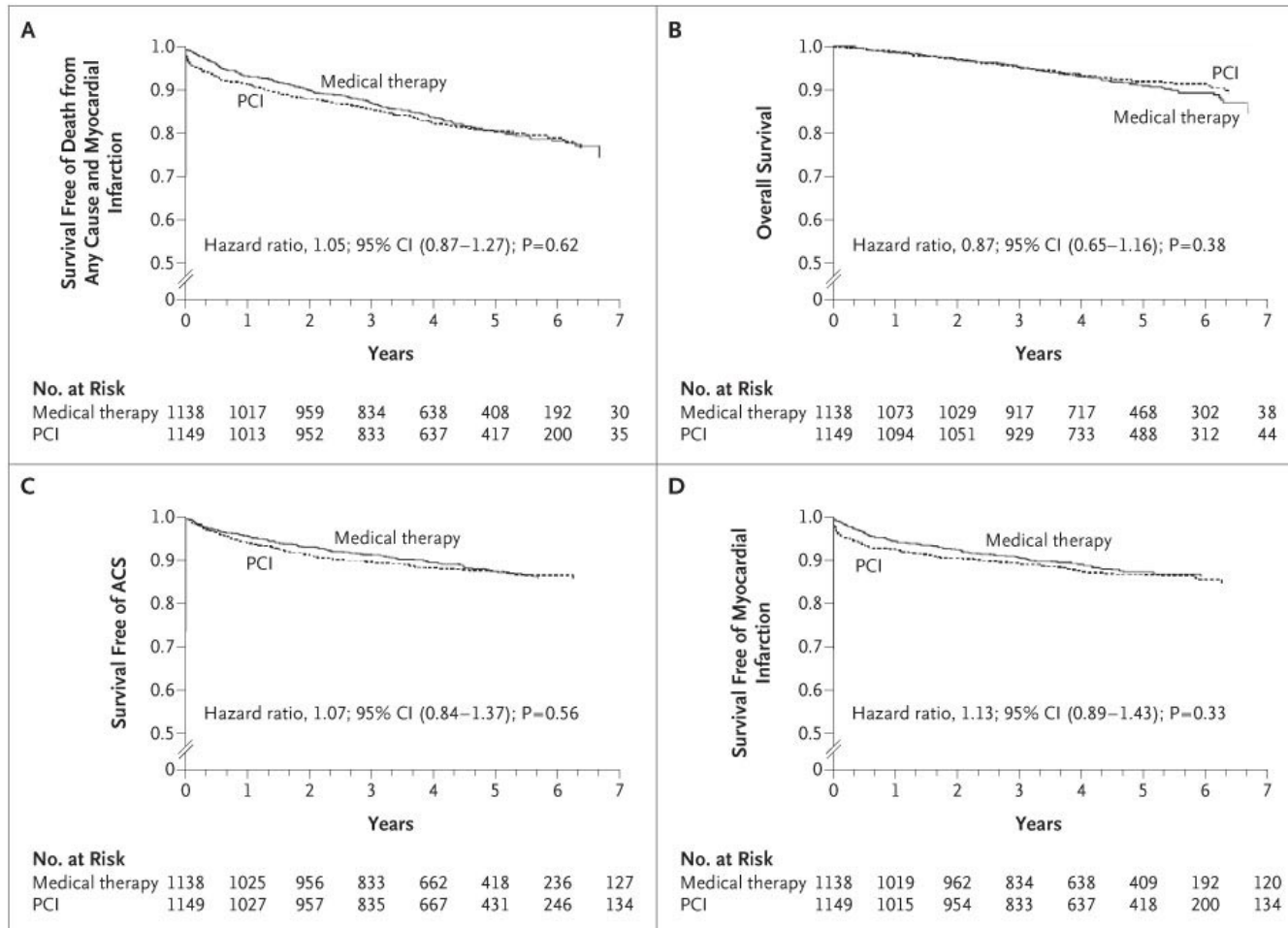
**Table 2. Clinical Status, Risk and Lifestyle Factors, and Use of Medication.\***

| Variable                                      | PCI Group (N = 1149) |           |           |           | Medical-Therapy Group (N = 1138) |           |           |           |
|---|----------------------|-----------|-----------|-----------|----------------------------------|-----------|-----------|-----------|
|   | Baseline             | 1 Yr      | 3 Yr      | 5 Yr      | Baseline                         | 1 Yr      | 3 Yr      | 5 Yr      |
| median ±SE                                    |                      |           |           |           |                                  |           |           |           |
| Clinical status                               |                      |           |           |           |                                  |           |           |           |
| No. evaluated                                 | 1148                 | 1031      | 820       | 423       | 1137                             | 1010      | 824       | 406       |
| Blood pressure — mm Hg                        |                      |           |           |           |                                  |           |           |           |
| Systolic                                      | 131±0.77             | 126±0.64  | 125±0.68  | 124±0.81  | 130±0.66                         | 124±0.73  | 123±0.78  | 122±0.92  |
| Diastolic                                     | 74±0.33              | 72±0.35   | 70±0.52   | 70±0.81   | 74±0.33                          | 70±0.43   | 70±0.52   | 70±0.65   |
| Cholesterol — mg/dl                           |                      |           |           |           |                                  |           |           |           |
| Total   | 172±1.37             | 156±1.17  | 148±1.13  | 143±1.74  | 177±1.41                         | 150±1.10  | 145±1.30  | 140±1.64  |
| HDL   | 39±0.39              | 42±0.39   | 43±0.47   | 41±0.67   | 39±0.37                          | 41±0.42   | 42±0.49   | 41±0.75   |
| LDL   | 100±1.17             | 84±0.97   | 76±0.85   | 71±1.33   | 102±1.22                         | 81±0.86   | 74±0.92   | 72±1.21   |
| Triglycerides — mg/dl                         | 143±2.96             | 129±2.74  | 124±2.79  | 123±4.13  | 149±3.03                         | 133±2.90  | 126±2.84  | 131±4.70  |
| Body-mass index                               | 28.7±0.18            | 28.5±0.19 | 29.0±0.21 | 29.0±0.34 | 28.9±0.17                        | 29.0±0.19 | 29.3±0.21 | 29.5±0.31 |
| Angina-free — no. (%)†                        | 135 (12)             | 680 (66)  | 602 (72)  | 316 (74)  | 148 (13)                         | 595 (58)  | 558 (67)  | 296 (72)  |
| Risk or lifestyle factor                      |                      |           |           |           |                                  |           |           |           |
| Current smoker — no. (%)                      | 260 (23)             | 206 (20)  | 156 (19)  | 74 (17)   | 259 (23)                         | 206 (20)  | 160 (19)  | 80 (20)   |
| AHA Step 2 diet — no. (%)                     | 626 (55)             | 803 (78)  | 631 (77)  | 326 (77)  | 613 (54)                         | 800 (79)  | 660 (80)  | 312 (77)  |
| Moderate activity — no. (%)‡                  | 290 (25)             | 473 (46)  | 351 (42)  | 179 (42)  | 279 (25)                         | 433 (43)  | 330 (40)  | 146 (36)  |
| Glycated hemoglobin in patients with diabetes |                      |           |           |           |                                  |           |           |           |
| No. evaluated                                 | 319                  | 239       | 197       | 97        | 336                              | 286       | 233       | 123       |
| Level — %                                     | 6.9±0.1              | 7.1±0.1   | 7.1±0.1   | 7.1±0.1   | 7.1±0.1                          | 7.0±0.1   | 7.1±0.1   | 7.1±0.1   |
| Medication                                    |                      |           |           |           |                                  |           |           |           |
| No. evaluated                                 | 1147                 | 1044      | 837       | 428       | 1138                             | 1028      | 838       | 417       |
| ACE inhibitor — no. (%)                       | 669 (58)             | 668 (64)  | 536 (64)  | 284 (66)  | 680 (60)                         | 633 (62)  | 522 (62)  | 260 (62)  |
| ARB — no. (%)                                 | 48 (4)               | 93 (9)    | 104 (12)  | 49 (11)   | 54 (5)                           | 99 (10)   | 108 (13)  | 67 (16)   |
| Statin — no. (%)                              | 992 (86)             | 972 (93)  | 780 (93)  | 398 (93)  | 1014 (89)                        | 972 (95)  | 769 (92)  | 386 (93)  |
| Other antilipid — no. (%)                     | 89 (8)               | 236 (23)  | 324 (39)  | 211 (49)  | 94 (8)                           | 253 (25)  | 321 (38)  | 224 (54)  |
| Aspirin — no. (%)                             | 1097 (96)            | 995 (95)  | 792 (95)  | 408 (95)  | 1077 (95)                        | 977 (95)  | 796 (95)  | 391 (94)  |
| Beta-blocker — no. (%)                        | 975 (85)             | 887 (85)  | 705 (84)  | 363 (85)  | 1008 (89)                        | 916 (89)  | 724 (86)  | 357 (86)  |
| Calcium-channel blocker — no. (%)§            | 459 (40)             | 415 (40)  | 360 (43)  | 180 (42)  | 488 (43)                         | 501 (49)  | 418 (50)  | 217 (52)  |
| Nitrates — no. (%)¶                           | 714 (62)             | 553 (53)  | 396 (47)  | 173 (40)  | 825 (72)                         | 690 (67)  | 511 (61)  | 237 (57)  |

\* Plus-minus values are medians ±SE, with the SE calculated with the use of the interquartile range. To convert cholesterol values to milli-

Significant at 1 and 3 years but not at 5 years

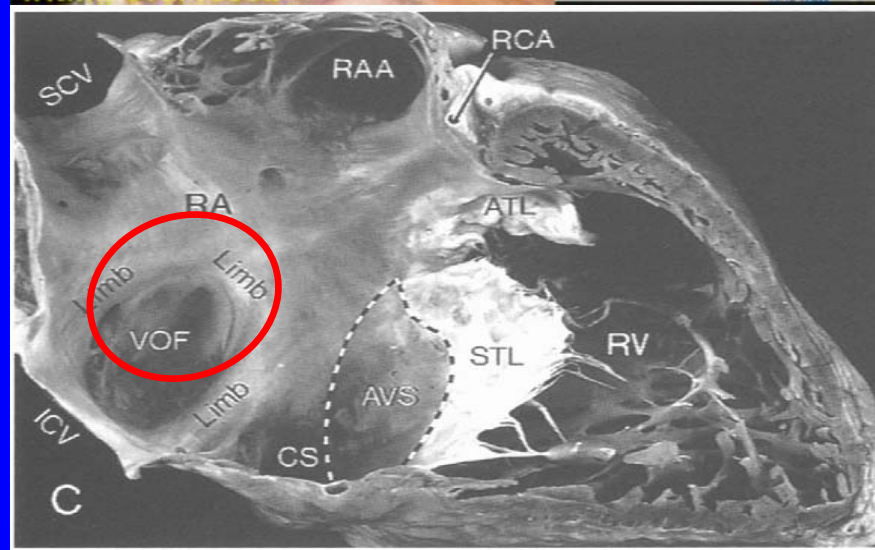
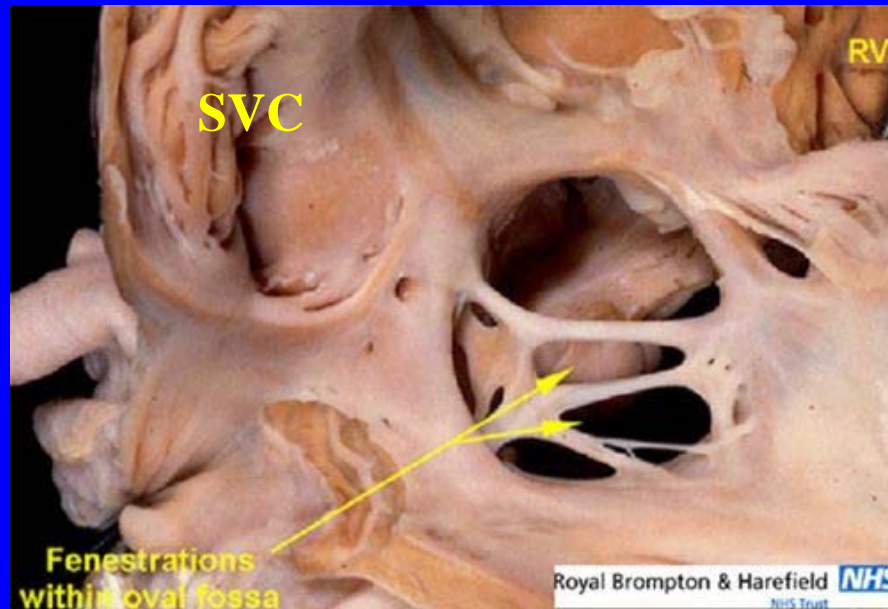
# Kaplan-Meier Survival Curves



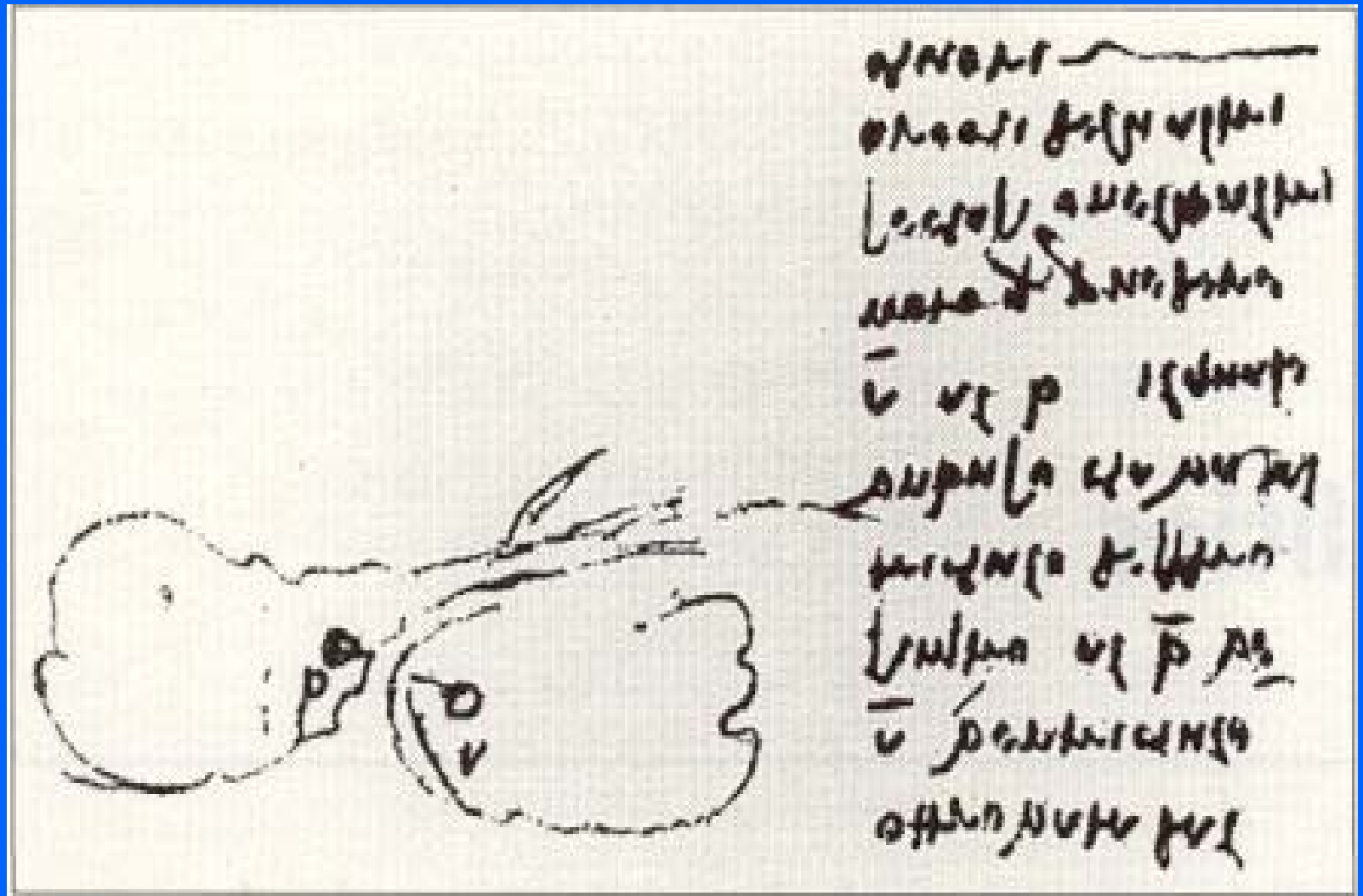
# Defects of the Cardiac Interatrial Septum

- Atrial septal defect
- Patent foramen ovale
- Atrial septal aneurysm

# Secundum ASD



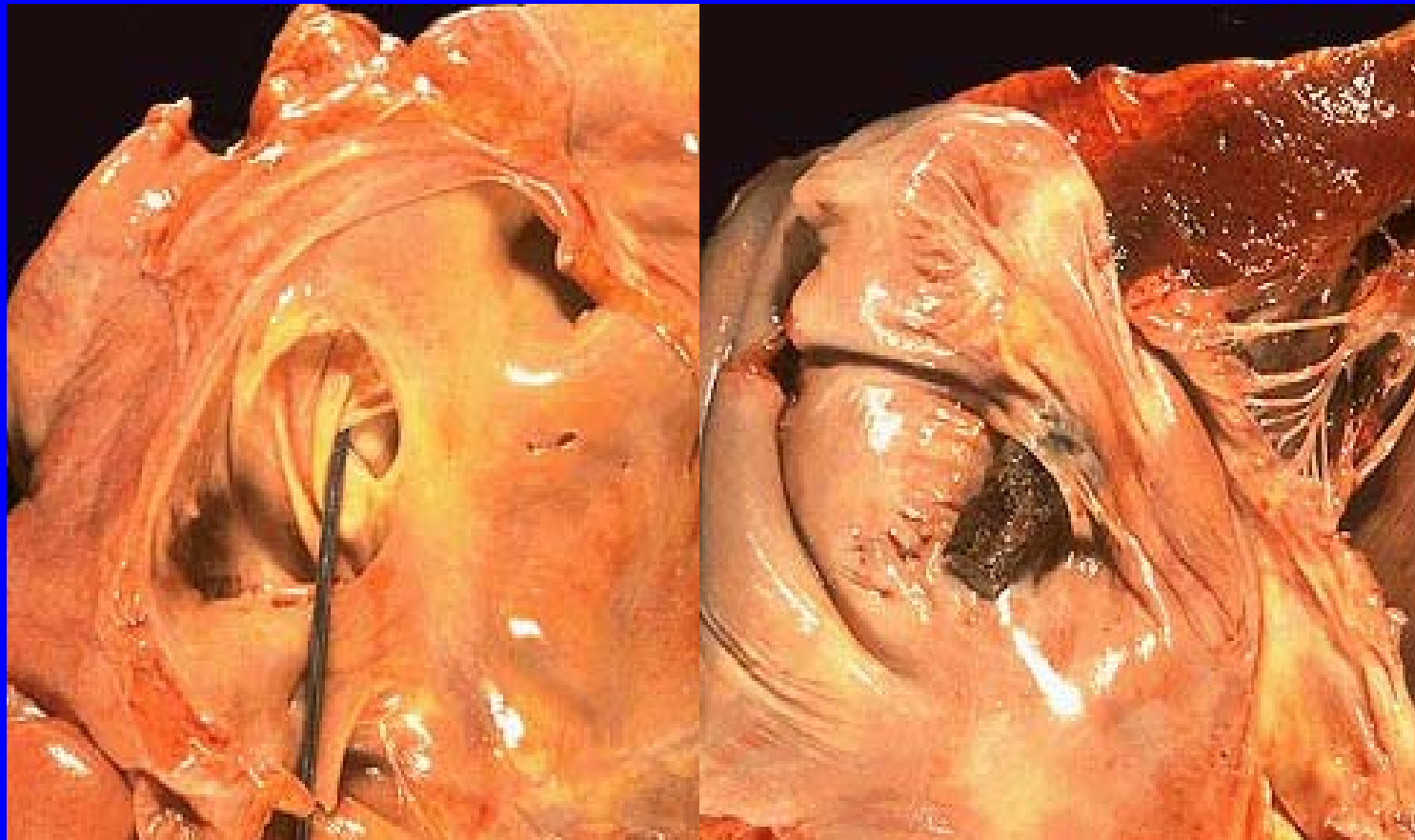




*Leonardo da Vinci ; Patent foramen ovale*

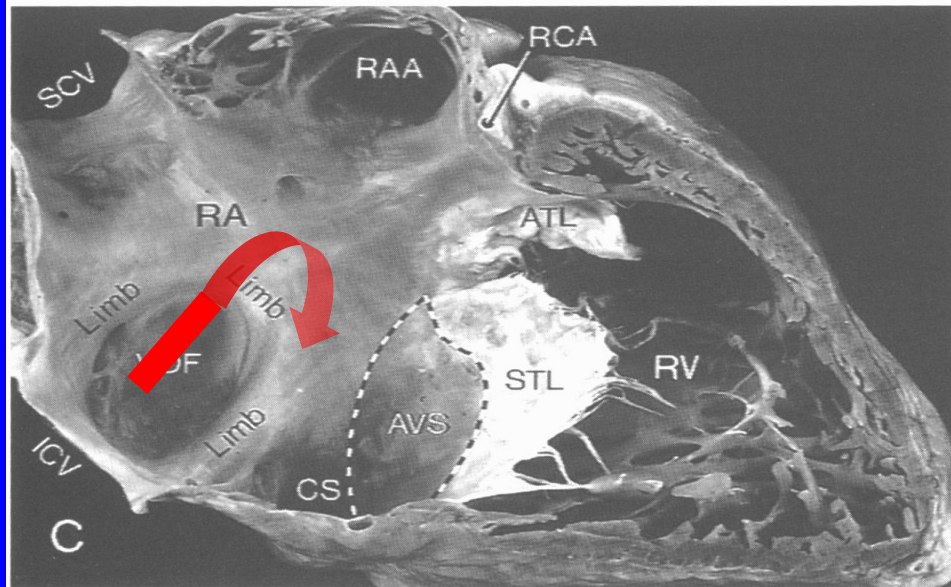
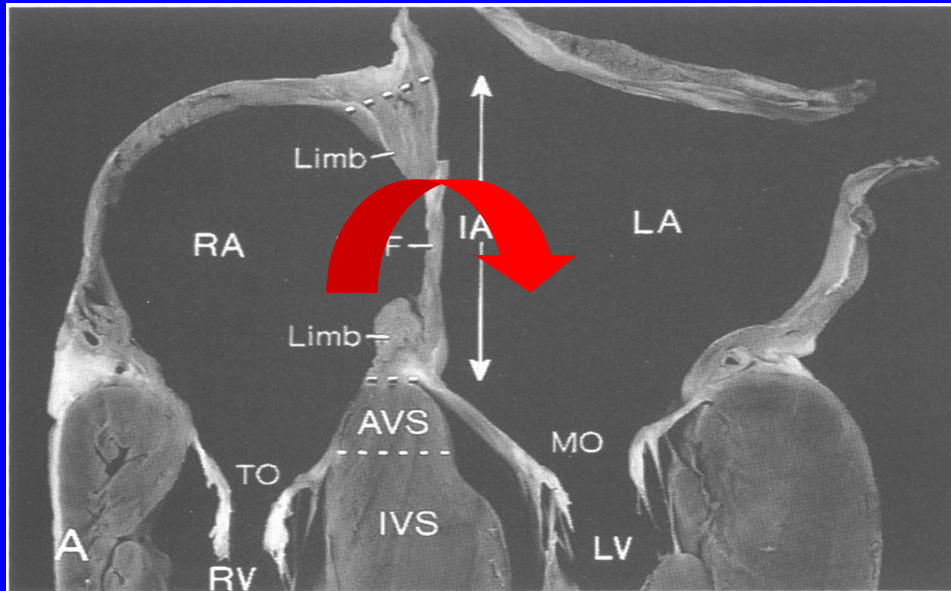
# Potential for Paradoxical Embolism

## *Res ipsa loquitur*





# Patent foramen ovale

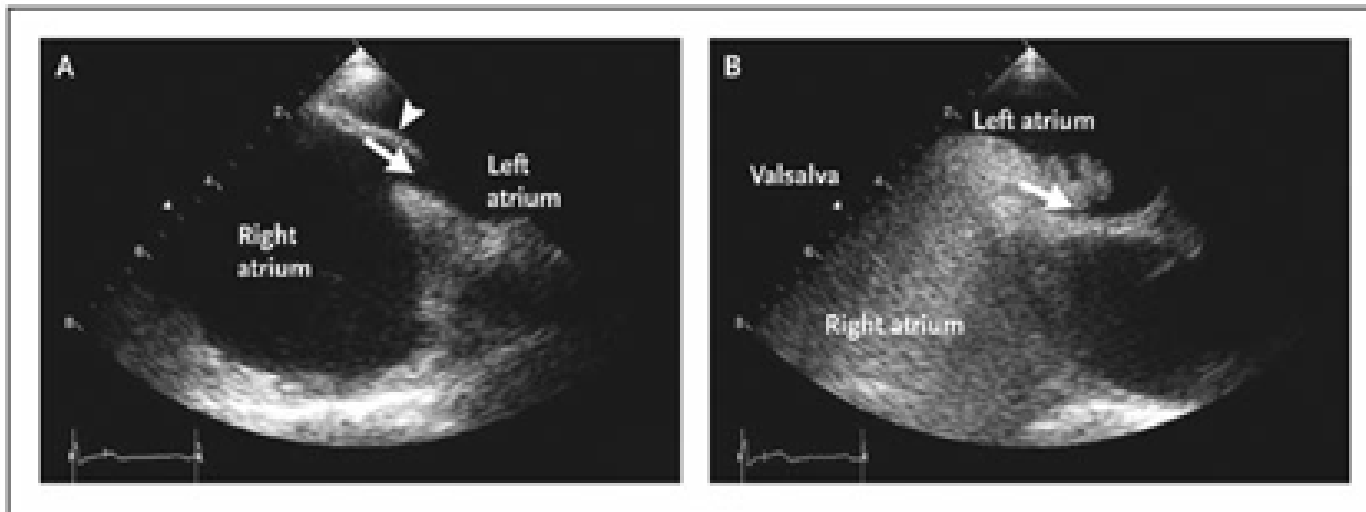


- The apposing portions of the valve of the foramen ovale and the septum secundum gradually fuse
- This is complete by age 2 in 75% of people
- In 25% of people, fusion fails to occur and a residual tunnel persists (patent foramen ovale)

# Autopsy Study of PFO

- Overall incidence 27.3% (263/965)
- No gender differences
- Progressive decline in incidence with increasing age
- Progressive increase in size of PFO with increasing age
- Mean PFO diameter 4.9 mm
  - range 1-19 mm
  - 1-10 mm in 98%

# Bubble study with Valsalva: Right to Left Shunting



# Amplatzer PFO Occluder



- Nitinol (nickel titanium alloy) mesh double-disk containing polyester fabric
- The disks are connected by a thin neck

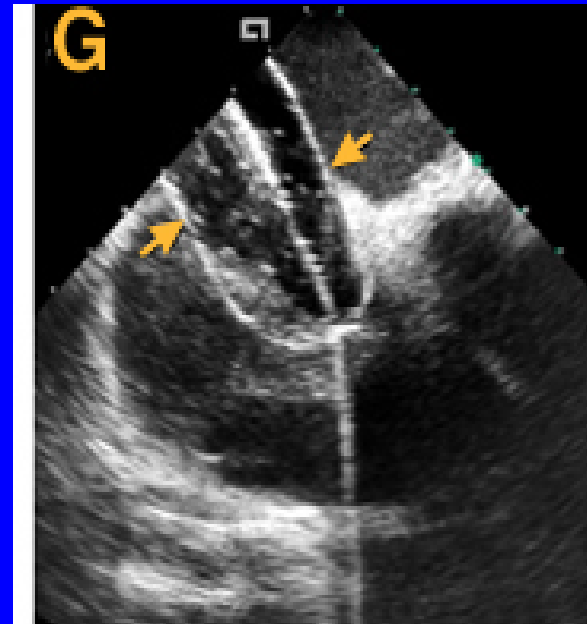
# CardioSEAL



- Double umbrella with 4 arms
- Dacron patches fixed to 2 nitinol cross bars
- The wires spreading the tissue have joints made of spring coils
- STARFlex: self centering, 4-6 arms  
(not available on HDE but is being used in clinical research)

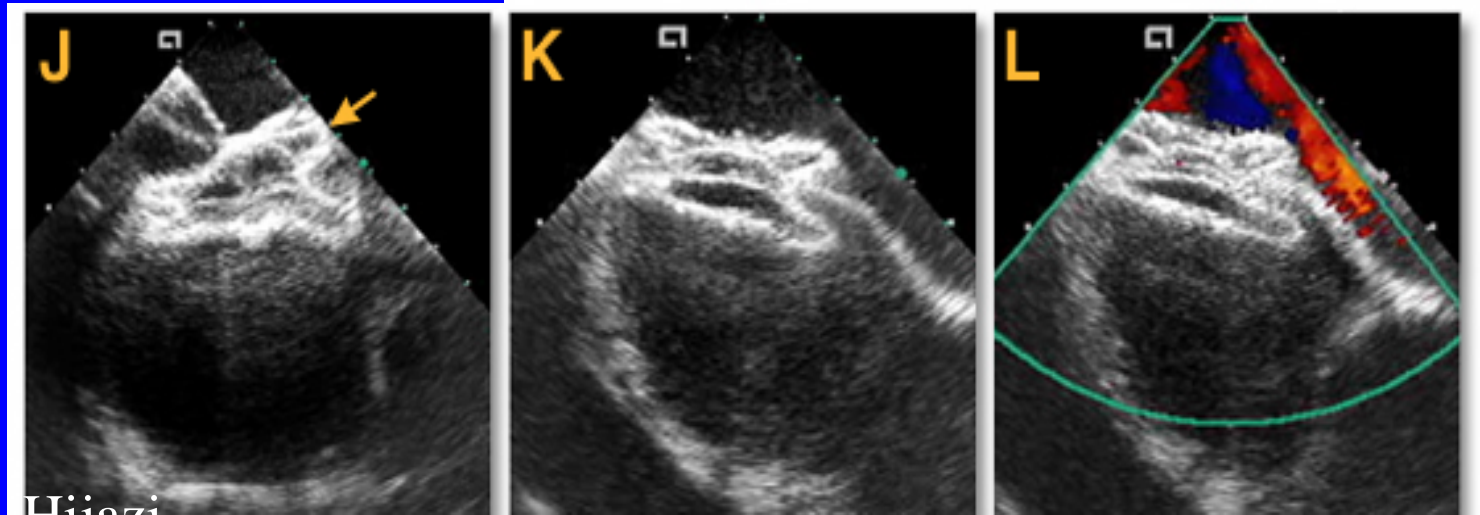
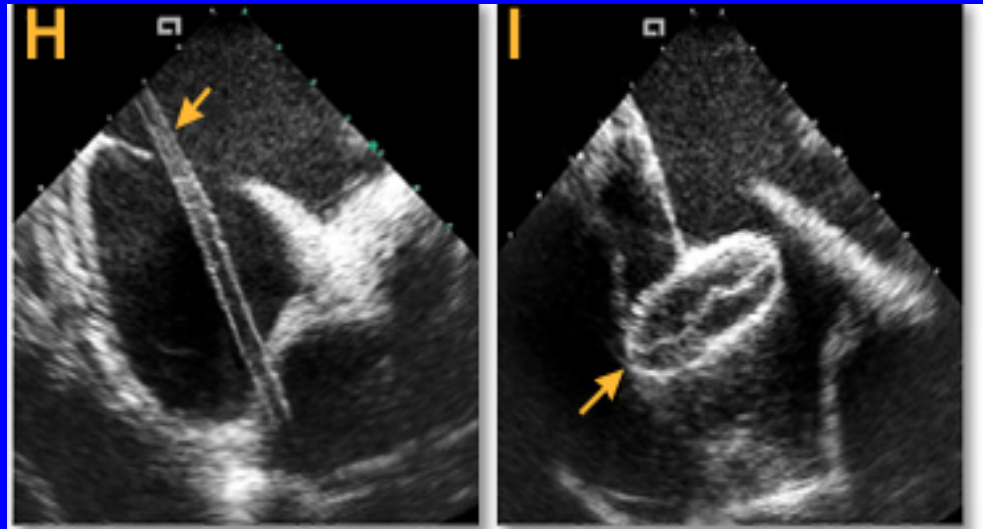
# Percutaneous Closure

- Venous sheath 12-14 Femoral
- TEE guidance with general anesthesia
- Intracardiac echo (ICE)
- Balloon sizing



# Percutaneous Closure

Device is deformable and is pulled into a loader and passed up to the left atrium through a delivery sheath





# Endothelialization



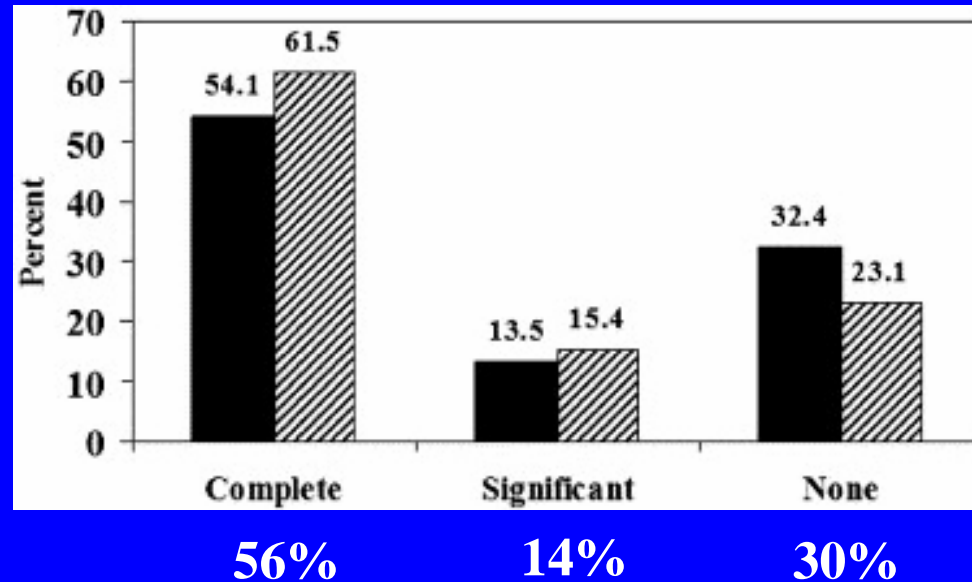
# Suspected Role for Patent Foramen Ovale

- Paradoxical embolism (Stroke)
- Migraine
- Right-to-left shunting causing hypoxia
- Platypnea-Orthodeoxyia
- Decompression sickness

# Migraine: Where did this come from?

- PFO is associated with higher prevalence of migraine than in those without PFO
- PFO and other atrial shunts may have genetic/familial links to migraine
- PFO closure after cryptogenic stroke has been associated with an unexpected reduction in migraine headaches in those with aura

# Effect of PFO Closure on Relief of Migraine



57 patients with migraine  
39/57 had aura (hatched bars)

# MIST Trial

## Migraine Intervention with STARFlex Technology



# MIST Trial

## Migraine Intervention with STARFlex Technology

- Efficacy of PFO closure to prevent refractory migraine headaches
- First prospective, multicenter, randomized, blinded and sham-controlled trial
- 13 centers in UK from January 2005-July 2005

# MIST Trial Design

- TransThoracic Echo with agitated saline
- Those with large PFO were randomized
- 1:1 randomization to closure vs. sham



# MIST I

| End point                          | PFO closure | Sham | p     |
|------------------------------------|-------------|------|-------|
| Complete Headache cessation (n)    | 3           | 3    | NS    |
| 50% reduction in headache days (%) | 42          | 23   | 0.038 |
| Reduced headache burden (%)        | 37          | 17   | 0.033 |

# MIST Conclusions

- PFO closure did not completely eliminate migraine, but was associated with migraine improvement.
- Limitations:
  - Length of follow up (MIST-II planned),
  - How complete was closure?
  - No prophylactic medication washout
- Future Trials
  - MIST II

# Future Trials

- Premium Migraine Clinical Trial : AGA Medical

Prospective Randomized Investigation to Evaluate  
Incidence of Headache Reduction in Subjects with  
Migraine and PFO Using the AMPLATZER® PFO  
Occluder Compared to Medical Management

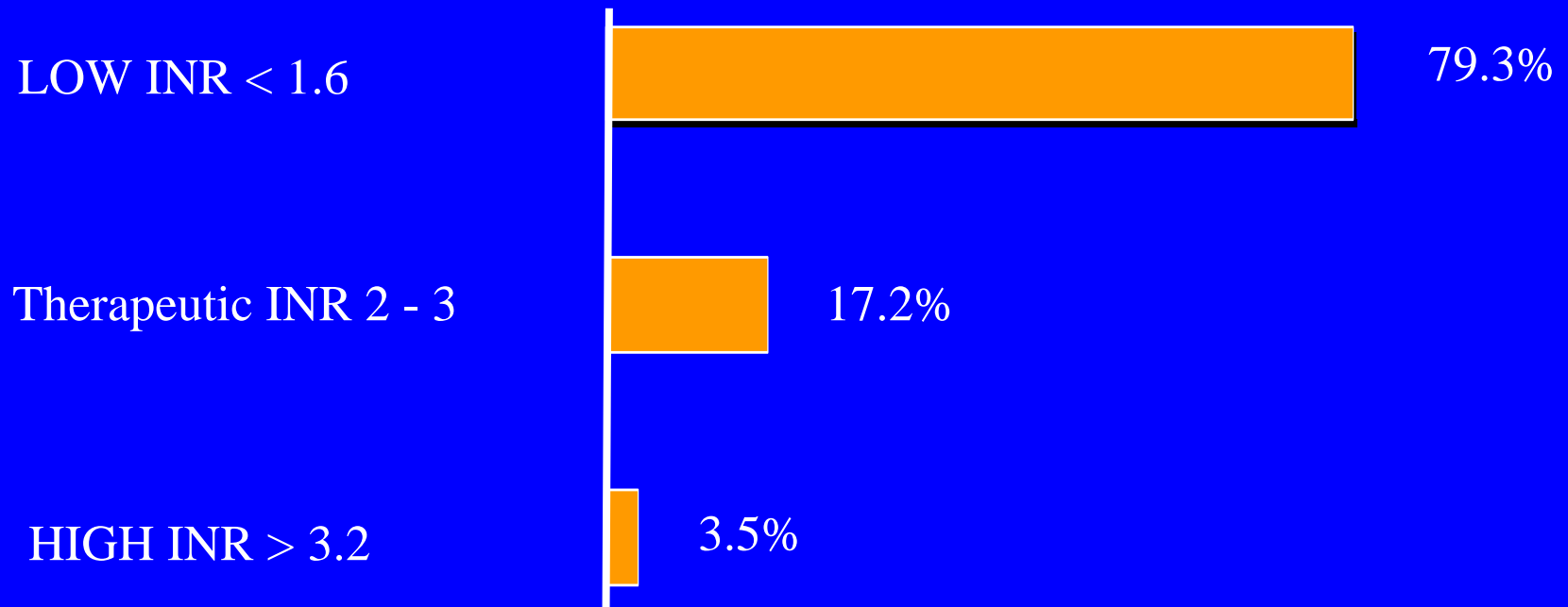
- MIST II (STARFLEX): NMT
- Escape: Effect of Septal Closure of Atrial PFO on  
Events of Migraine with Premere (TM)) migraine  
trial (St. Jude Medical)

# Stroke Prevention Technology for Patients with Atrial Fibrillation

- Atrial fibrillation is a major source of cardiogenic embolism-related stroke
- 500,000 strokes per year
- AHA estimates that 15 – 20% of strokes/year are related to AF

# AF Strokes: Occur primarily with sub-therapeutic INR

Adequacy of anticoagulation in patients with AF coming to a hospital clinic



# Reasons for Warfarin Underutilization

- Adverse side effect profile
  - Drug & dietary interactions
- Difficulties in administration
  - Frequent blood tests
  - Narrow therapeutic range
- Patient quality of life
- Physician reluctance to prescribe to elderly patients
  - Bleeding complications
  - Risk of falling
  - Compliance issues

# Left atrial appendage is a major source of thrombi that cause stroke in AF patients

- 91% of all thrombus in patients with AF is found in the left atrial appendage (LAA)
- The four largest TEE studies comprising 1,181 patients showed that 98% of thrombi were found in the LAA

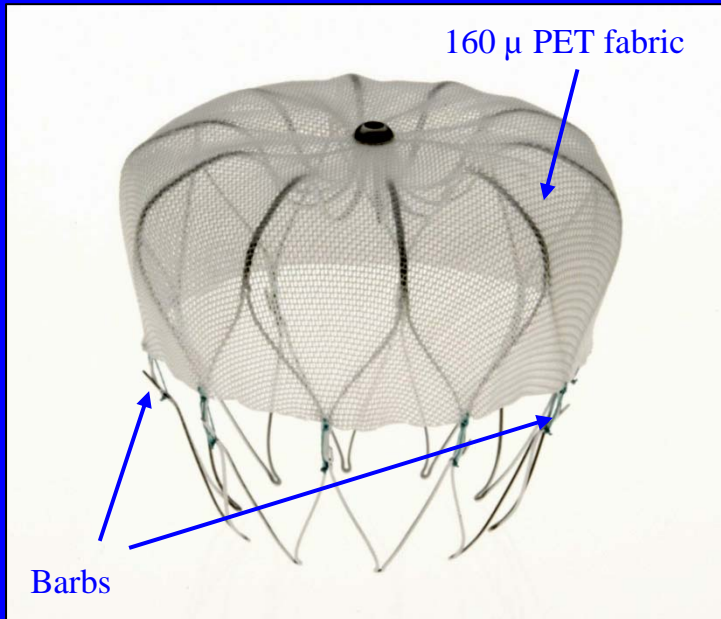
## Location of thrombi in non-rheumatic atrial-fibrillation

| Setting                     | Total # of thrombi found in LAA and atrium | Found LAA  |            | Found in left atrium |             | Reference                     |
|-----------------------------|--|------------|------------|----------------------|-------------|-------------------------------|
|                             |  | Number     | %          | Number               | %           |                               |
| TEE                         | 67   | 66         | 99%        | 1                    | 1.5%        | Stoddard, JACC '95            |
| TEE                         | 35   | 34         | 97         | 1                    | 2.9         | Manning, Circulation '94      |
| Autopsy                     | 47   | 35         | 74         | 12                   | 25.5        | Aberg, Acta. Med. Scan. '69   |
| TEE                         | 4  | 2          | 50         | 2                    | 50.0        | Tsai, JFMA '90                |
| TEE                         | 13   | 12         | 92         | 1                    | 7.7         | Klein, Int J. Card. Imag. '93 |
| TEE & operation             | 11   | 8          | 73         | 3                    | 27.3        | Manning, Circulation '94      |
| SPAF III <sup>1</sup> & TEE | 20   | 19         | 95         | 1                    | 5.0         | Klein, Circulation '94        |
| TEE                         | 19   | 19         | 100        | 0                    | 0.0         | Leung, JACC '94               |
| TEE                         | 6  | 6          | 100        | 0                    | 0.0         | Hart, Stroke '94              |
| <b>Total</b>                | <b>222</b>                                 | <b>201</b> | <b>91%</b> | <b>21</b>            | <b>9.5%</b> |                               |

<sup>1</sup> SPAF III stands for "Stroke Prevention in Atrial Fibrillation III"

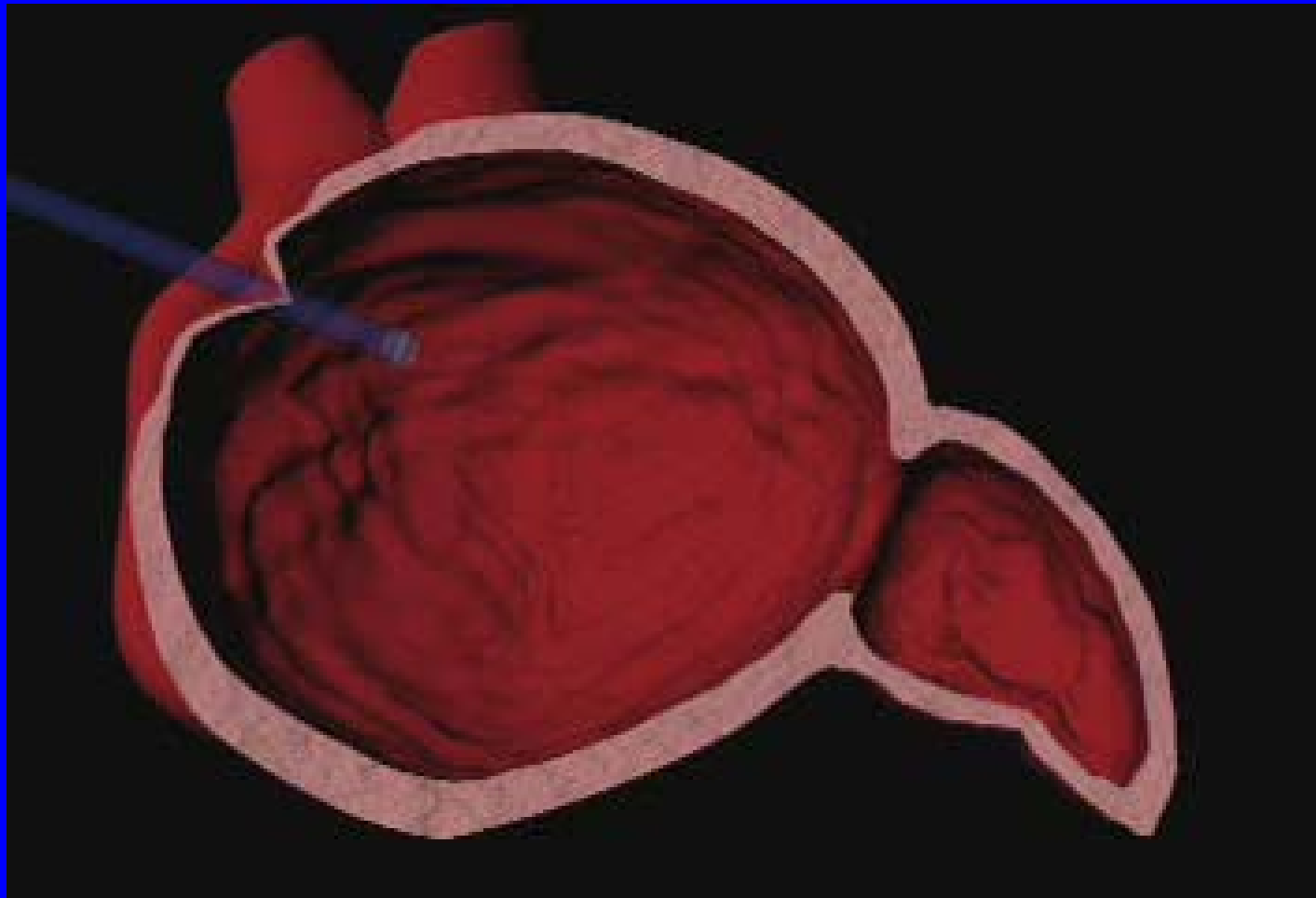
Source: *The Annals of Thoracic Surgery*, 1996, 61:755-9

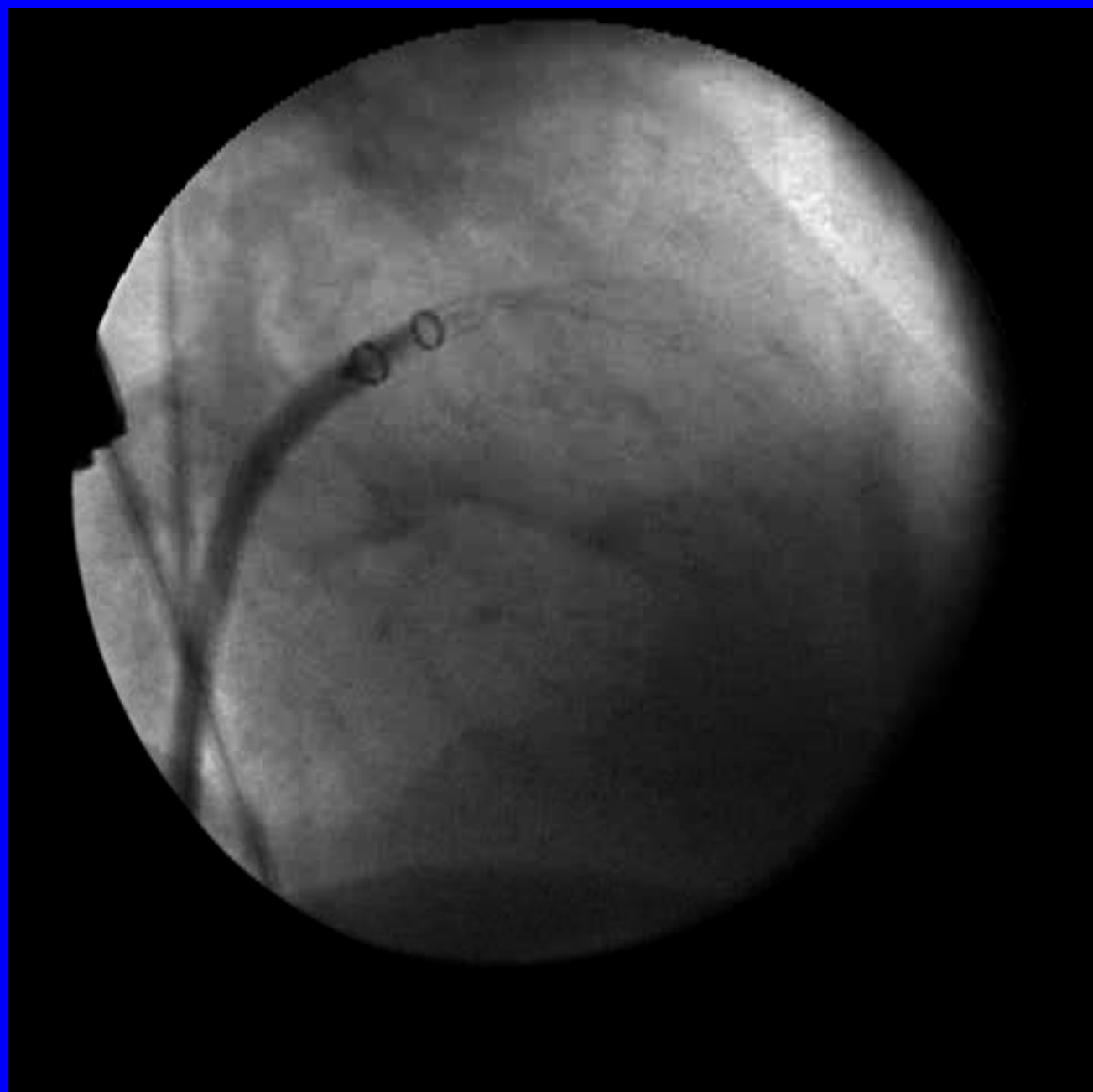
# WATCHMAN® Device

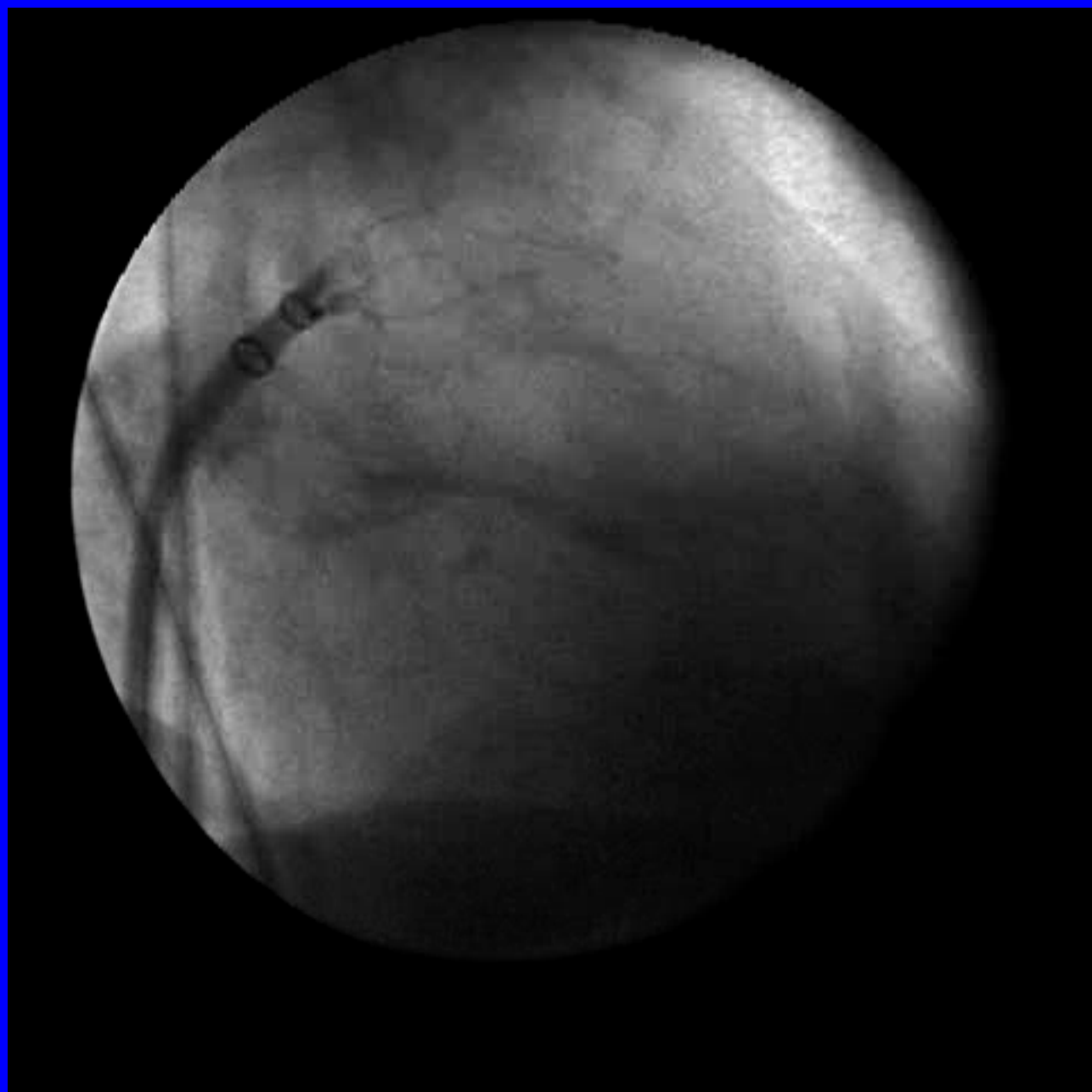


- Device available in various sizes:
  - 21, 24, 27, 30 and 33 mm (diameter)
  - Device diameter is measured across face of device
  - Device Length = Device Diameter
- **Frame:** Nitinol (shape memory)
  - Contour shape accommodates most LAA anatomy
  - Barbs engage the LAA tissue
- **Fabric Cap:** Polyethyl terephthalate (PET) Fabric
  - Prevents harmful emboli from exiting during the healing process









45 Day Follow Up

# WATCHMAN® LAA System – Internal view of Complete Healing of LA

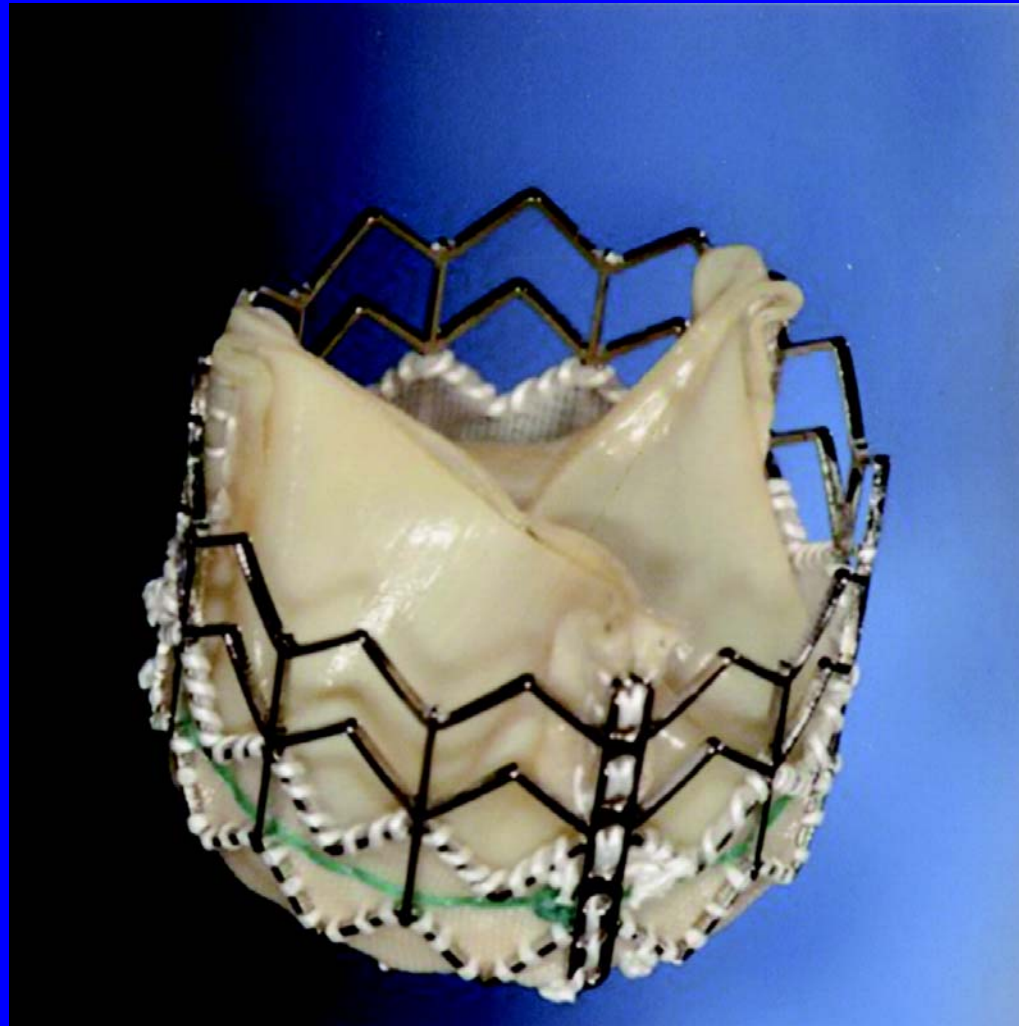


Canine – 45 days



Human @ Autopsy – 9 mos

# Cribier-Edwards percutaneous valve



# Aging Population

## Increasing Burden of Valve Disease

- Many patients will be poor candidates for surgical valve replacements
- Percutaneous treatments may have promise

